

Mp3 Yatri - Crystal Spirit - The Healing Sounds Of Crystal Singing Bowls

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"If angels sing this is the sound they must be making". Yatri plays her ethereal soothing music on a unique crystal instrument, the Glass Armonica, invented 250 years ago by Benjamin Franklin and recreated from his design. 8 MP3 Songs NEW AGE: New Age, WORLD: World Traditions Details: Experience the amazing effect of Yatri's GLASS ARMONICA, 35 pure quartz crystal bowls played with moistened fingers that produce the closest thing to the "music of the spheres". The harmonics of the crystals induce a deep state of relaxation and are ideally suited for massage sessions, yoga, and contemplative listening. In Japan, where it was released three years ago under the Prem label, Crystal Spirit has been one of the best selling New Age Healing albums and it is sold in 27 other countries. The Yoga Journal gave it a glowing review, and Harvard researchers are looking into its possible use for insomnia and improved sleep. But aside from its healing potential, Yatri's ethereal music makes for great listening. Crystal Spirit has been regularly featured on such syndicated New Age radio programs as Music from the Hearts of Space and Echoes, and many other regional stations. The Glass Armonica (also called the glass harp) was invented by Benjamin Franklin and lay forgotten for 200 years until recently revived by artists like Yatri. "Peaceful, sublime, and ever lovely", Don Campbell, author of The Mozart Effect. "Angel food for the human spirit, healing and delicious" Steve Styles, MD About the artist: Yatri A classical concert pianist, Yatri discovered the Glass Armonica in the late '80s. She had Boston glass blower Gerhard Finkenbeiner create a replica of Ben Franklin's instrument for her, and has since developed a unique style that blends New Age, Chant, and Celtic influences to produce a deeply sacred experience.

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