

# Mp3 Sapokniona Whitefeather - Master Meditations

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2004 Native American Music Award Nominee "Best Spoken Word." Powerful spoken word guided meditations for grounding and balance with background music by Native American Music Award Winner Douglas Blue Feather 3 MP3 Songs NEW AGE: Meditation, SPOKEN WORD: With Music Details: My first name is Sapokniona (Sa-poke-a-knee-oh-na) which means Ancient Light of the Morning. My heritage is Apache, Shoshoni, and Irish. I came into this world remembering many other lives and many other worlds. I am assisted by a number of light beings who I call my Light Family. I am known by many as a Wisdom Keeper, a Spiritual Leader, and Healer. I have dedicated my life to my spiritual path. I am honored to do my mission. I pray that you will do these meditations as often as you can. Our cries have been heard by many enlightened beings. They are doing their part, now we must do our part. This is a wonderful time for us to be on this planet. It is an honor. Remember, you are a spiritual being having a human experience. You must believe in yourself. You can make a difference, you truly can.

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