

# Mp3 Anxious Bench - Positivity

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Music about soldiers by soldiers. A blend of rhythm, country and blues. 12 MP3 Songs COUNTRY:

Modern Country, BLUES: Rhythm Blues Details: ANXIOUS BENCH MUSIC is the creative partnership of Charles R. (Russ) Harper and Mark Hayward, involving composing, arranging, recording, and performing their original music flavored by influences including country, rock, jazz, rhythm and blues, and gospel.

They met while serving together as active duty Soldiers at the US Army Training and Doctrine Command (TRADOC) Band, stationed at Fort Monroe, Virginia. One of their first collaborations, Victory Starts Here, has just been named TRADOCs official song. This song and another Harper-Hayward tune, I Need You Now, are featured on the TRADOC Bands forthcoming CD release, Victory Starts Here. Russ performs almost all of Anxious Benchs lead vocals, as well as contributing most of the background vocals and engineering, and some keyboard work. Born in Washington, Georgia. At the age of eight, toured around South Carolina and Georgia with the familys Southern gospel group. Joined the school band and learned to play saxophone. In high school learned to play drums, piano, and guitar. After graduating from high school, joined the US Army as an administrative specialist. Maintained involvement in music through church, both singing and choir directing, and other avenues. While stationed in Germany joined the US Army Europe Soldiers Chorus, and became Non-Commissioned Officer in Charge of the Chorus as well as the bass section leader. Has sung for Soldiers, civilians, Members of Congress, Governors, Prime Ministers, and Presidents all over the world. Currently stationed at Fort Monroe, VA as the primary vocalist for the US Army Training and Doctrine Command Band, including its contemporary music group, TRADOC ROCK. Mark performs all of Anxious Benchs guitar work, utilizing electric and acoustic guitars and guitar synthesizer, most of the arranging, and some of the vocals. Born in Utica, New York. As a teenager, learned alto saxophone, banjo, guitar, and piano, and performed with school bands and local groups in Leavenworth, Kansas, and Hampton, Virginia. Began writing songs in 9th grade and decided on guitar as favorite instrument. In addition to a not-so-stellar year at the College of William and Mary, studied arranging at the Berklee College of Music in Boston for several semesters. Returned to Hampton and tried to make a living by performing in all kinds of musical groups, teaching guitar and music theory,

and directing a church choir. Successfully auditioned for the Army band at Fort Monroe, Virginia, and began over 24 years of active duty as an Army bandsman, performing all over the United States and in Bermuda, South Korea, Germany, Kosovo, and Iraq on guitar, bass, vocals, banjo, and percussion. Currently stationed at Fort Monroe with the US Army TRADOC Band, leads TRADOC ROCK, and also plays guitar and sings.

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