Mp3 Colin O'donohoe - Lyrical Sutras

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This Exotic, soothing electronica album brings the listener into another world. It is divided evenly in three sections: Meditation, Prayer, and Awakening 12 MP3 Songs in this album (56:01)! Related styles: NEW AGE: Ethnic Fusion, NEW AGE: Spiritual People who are interested in Enigma Deep Forest Buddha Bar should consider this download. Details: ... a message from the composer on how to listen to the music The album was created with the express intent for the listener to hear the album from beginning to end in one sitting. The album can be your friend and partner through the path of peace and reflection. Find a place where you can be comfortable and at rest. You must be willing to relax and let go. The music will begin to entertain you and then relax with you. It will slow its heart rate with you as you begin to find yourself in meditation. At rest it can lift up your hearts prayer along side you. When it is time, the music will then bring you back home invigorated! Enjoy If time is not a luxury at your disposal, listening to sections of the CD is also a great way to hear the album. The tracks have been divided out for you to easily select the portion of the CD that will best suit you at the present moment, enjoy Thank you for the chance to perform for you. Please send me your comments and thoughts. I would love to read them. Sincerely, Colin ODonohoe donohoemusic This album was born out of deep mediation and reflection. In the glow of candles and computer screen: pen to paper, skin to keyboard, emerged sound. Release yourself, relax...your muscles and your mind... Close your eyes, open your ears to the landscape... of possibility I. Meditation 1. Heart Sutra 2. Diamond Sutra 3. Eight Fold Noble Path Sutra 4. Enlightenment Sutra II. Prayer 5. Lotus Sutra 6. Pure Land Sutra 7. Taking Refuge 8. Amitabha Sutra III. Awaken 9. A Boddhisatvas Vows 10. Triple Gem Sutra 11. The Sutra in 42 Sections 12. Golden Light Sutra Biography of Colin O'Donohoe For Colin ODonohoe, music is far more than entertainment - it is a bridge to other worlds and to other people. As a world music composer, performer, and conductor, he is a musician who eradicates boundaries and finds the shared passion amongst our different musical forms, styles, and languages. On his most recent album, Songs Of The Saints, ODonohoe creates a seamless piece of music that spans cultures and epochs, and in doing so, has created the possibility of using music to close divides between mankind. The eclecticism of ODonohoes music is fitting, as his roots in music originally

were in jazz, rock and everything he heard. Ive had a wide foundation and grounding in music, he explains. While jazz be-bop and hard-bop has been my mainstay, I was raised in a home that had music from everywhere. My dad played Irish music and there was always a presence of other cultures around. And with an interest in foreign languages (Colin speaks Spanish and Laotian) and literature, it seems in retrospect that it was inevitable for ODonohoe to find his calling amidst world music and culture. ODonohoe got his degree (on scholarship) in jazz drumming from the Arizona State University, but it was through the Chinese book of poetry called Shi Jing that ODonohoe found new inspiration, and the vehicle for his own unique expression. He remembers, Through my interest in Shi Jing, I encountered Chinese orchestral music for the first time, and it blew my mind. They have completely different concepts on how they view melody, harmony and song construction. Yeah, I had a degree in music, but hearing this was almost like being born a new. Soon, Colin was writing Chinese music and in 2003, he was asked to join the Phoenix Chinese Orchestra. Unbeknownst to Colin, while musical developments were undeniably exciting, he soon faced one of the biggest personal challenges of his life macular degeneration, an affliction with causes its victim to lose their central vision. It was obviously difficult and depressing, and for a year, I was in a pretty deep funk. But my family was incredibly supportive and I soon figured out alternate ways of getting things done. Colin used his background in jazz to create new ways to conduct. He explains, I thought because of my eyesight, I couldn't conduct. But from my jazz background, I saw how Ellington did it and then I realized I could use my relatively un-damaged peripheral vision to see the score when conducting. Leading the New Moon Orchestra gave me my self-confidence back. I thought I couldnt do stuff, but I was wrong. Soon, under the name Donohoe, he released his first album, Shi Jing: Ancient Book Of Songs, utilizing his experience to create a unique album combining modern elements with ancient Chinese text. And in 2008, he released his second album, Songs Of The Saints, an album that expanded upon Colins skill and dexterity with a wide variety of seemingly disparate instruments and musicians, featuring everything from jazz guitar, choir, bouzouki, turntable, clarinet, synthesizers, drum set, and many more. The reception to the music has been warm, but Colin is clear that he is just getting started in his own musical ambassadorship. He declares, My sound is challenging for people. But it takes time for people to appreciate a genre. Im committed to it being as big as Duke Ellington and Leonard Bernstein. Colins music is a reflection of his commitment to bringing people together. Im currently forming a new ensemble based in New York called Pangea. Its going to bring instruments and musicians from

around the globe to play in a single entity. Ive seen how music can cut through prejudice, and how it can be a victim of it. When 9/11 occurred I was playing Turkish/Arab music. It was hard to get gigs. Im committed to music transcending that. And with my Irish face, Im a good guy to say, If it doesnt hurt me, it wont hurt you, he says with a laugh. Colin ODonohoe is a rare musician one brave enough to live out the ideals and aspirations of his music, and being unstoppable amidst anything that attempts to get in the way. On Songs Of The Saints, you can hear his vision in full flower, as he synthesizes various music to create his own singular vision. But it is clear that he is just getting started, and with future projects like The Pangean Orchestra, it is clear that this is an artist just reaching his stride.

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