

Nlp Amazing Speed Reading Mp3

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Amazing Speed Reading "Improve Your Reading Rate" Running Time: 1 Hour 0 Minutes Speed reading is the act of quickly absorbing written information. The goal is to read quickly but still retain comprehension of the material. The rate at which people read material is not a constant and varies greatly depending on several factors. Some material, such as school work or manuals, may require more contemplation and fewer distractions in order to process and still understand what is being conveyed. Being able to read ten books in a single day is useless if the reader is unable to retain comprehension of the material. This subliminal program attempts to improve and concentrate these skills.

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