

Mp3 Ragini Elizabeth Michaels And Divyam Ambodha - Beginnings & Endings - Relaxing With Change

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Sensuous and spontaneously spoken trance weaves beautiful metaphor and suggestion into a deep harmonious flow with exquisitely orchestrated music that will touch your heart, inspire your soul, and rekindle your faith in the beauty and mystery of life. 4 MP3 Songs SPOKEN WORD: With Music, SPIRITUAL: Inspirational Details: Beginnings Endings relaxing with change is the first of the four CDs comprising the series called Hypnosis For Conscious Awakening. The first track is the hypnotic trance. The other tracks are the same music without voice. This series of meditative CDs supports the development of your unconscious capacity to awaken to recognize and live peacefully with impermanence, paradox, and the unresolvable dilemmas at the root of human suffering. Reviews: "Outstanding Series! . . . Ragini's expertise is readily apparent. Her voice is not only soothing and restful, it reaches deeply inside one's consciousness evoking states consistent with the topic of each CD. . The effects of both words and music are truly profound and effective." The Seattle New Times "I would recommend these CD's to anyone . . . Ragini Michaels has excellent control of the subtleties of the art of Ericksonian Hypnosis." Rappoter Magazine "Ragini's CD's certainly are fine examples of Ericksonian trance induction techniques and allowed me to quickly and easily drift into a relaxed, calm state." Will MacDonald, co-author of An Insider's Guide To Sub-Modalities "In comparison to other trance CDs, Ragini and Divyams have the best music in terms of composition and follow the Ericksonian hypnotic style with the most creative use of language." Anchor Point Magazine "The Hypnosis for Conscious Awakening CD's are gentle tools for self-discovery and enhancement daily life. . . offers amazing support to follow your own inner promptings making results effortless and organic . . . Ragini's voice is incredibly relaxing and sensuous . . . her use of metaphor and suggestion powerful and effective . . . and the original music score masterfully blends with the state being induced." The Seattle New Times Listener Comments: "Playing these CD's relieves the stress that builds up all day. . . and that makes me a better manager tomorrow." B. H., International Film Company, Chicago. "I would have purchased these CD's for the music or the voice by itself! Both are great." L.E., LMT, Seattle "We never go on vacation without your

CD's! You are doing wonderful work. Thank you!" L.V., Hawaii "Excellent productions! The music is beautiful! And the voice--I found softness, the feeling of care and . . . shall we say LOVE . . . excellent! " I.M., Sussex, England " These CD's allow me to be in a peaceful state of consciousness, enhanced by Ragini's soothing voice and complemented by the ever so relaxing music beautifully orchestrated by Diva." P.W. Bendigo, Australia So beautiful! They always seem to give me just what I need at the right time! S. Carson, Wa. Your voice is so rich, empathetic calming. And the music makes me feel awash in a cosmic sea and yet safely held. B. Tabor, Idaho "Raginis trances often feel like a very soothing and deep psychic surgery - things shifting and rearranging themselves in a kind of deep harmonious dance I can only witness and enjoy. It is a very powerful process that has genuinely changed my response to life's dilemmas and paradoxes in very practical and helpful ways." Nirved Wilson, Therapist, Edinburgh, Scotland

Their Creative Process: Music Voice Divyam Ambodha, a long time meditator and musician, quietly took 3 months to compose the original music for each of the 4 CDs in the Hypnosis for Conscious Awakening series. In his studio, he and 3 other well known Seattle musicians, Jon Goforth on Woodwinds, John Raymond, longtime guitarist for Kenny G, and international percussionist, Luis Peralta, crafted these incredible pieces of music that touch the heart, whisper to the soul, and renew faith in the beauty and mystery of life. After continuously listening to Divyams music for three straight weeks, world renowned hypnotist, author, international trainer of NeuroLinguistics and Ericksonian Hypnosis, and Marketplace Mystic, Ragini Elizabeth Michaels, would then come to the studio and add the vocal track to each CD as a spontaneously spoken trance. The way in which Raginis words and Divyams music artfully flow together has given each CD a touch of divine magic.

Biography: The Composer: Divyam Ambodha is a musical arranger-composer and long time meditator living in Seattle, Washington. Having studied classical and jazz composition in the late 1970s at Berkeley School of Music in Boston, Divyam returned to Seattle to spend many years performing, composing, producing, and recording music in his studio. He continues to endlessly pursue his study and practice of piano many hours a day to find just the right note to touch deep into the soul This gives his music a unique style that transports the listener on an inner journey. After surviving, and really enjoying, leading his own band during the disco era, he returned to the soulful solitude of composition and arranging as his personal journey of inward discovery continued. At that time, he became aware of the world of NLP (Neuro-Linguistics) and Ericksonian Hypnosis and went on to become a Master Practitioner of both. This body of knowledge combined with his musical skill and

personal meditative experience, gave him a unique capacity to collaborate with Ragini to produce eight critically acclaimed hypnosis CDs for conscious awakening that are based on the hypnotic techniques of Milton Erickson and the science of neuro-linguistics. After many years of various meditation retreats, Divyam traveled to India where he was inspired to musically express the inner joy and happiness his spiritual journey had finally realized. He was excited to convey his newfound discoveries in the way that felt most natural to him - composing original music. These compositions became the foundation for the music in these very series of CDs. When asked about his philosophy of music, he consistently replies, At its height, music is a natural expression of our own inner expansiveness. The musician, if lucky, will be inspired by something greater than himself and his music will then touch the heart and awaken the deepest sensibilities of the soul. Divyam has worked in the contemporary smooth jazz genre with artists such as John Raymond, John Goforth, Acoustic Sol and various other Northwest musicians. He has also performed live, opening for The Flying Karamoz Brothers national touring show, Club Sandwich, and is currently performing with Matthew Stull from the acapella group The Bobs in a retro tribute to the Sinatra era called Vic and Nick. After returning from working on upcoming shows in Las Vegas, he is currently residing in Seattle and continuing to arrange and compose music for regional artists in the Pacific Northwest.

The Voice: Ragini Elizabeth Michaels is an Author, Therapist, and Trainer of Communication and Modeling Skills, specializing in Behavioral Change. She has gained international recognition for her work and her reputation as a superb teacher, presenter, and the pioneering originator of Facticity and Paradox Management. Invitations to share her work have taken her beyond the boundaries of the US to Canada, England, Scotland, Spain, Italy, Germany, Switzerland, and India. Driven by her life-long passion to unravel the connections between psychology and spirituality, and inner peace and identity, Ragini traveled to India and around the world 9 times. Haunted by her need for deeper insight into the traditional eastern concept of No-Self, she continued to study the discourses of various Enlightened Beings, both living and dead. In the course of this study, she stayed true to her personal quest for understanding by incorporating 35 years of meditation and the vast range of experiences that resulted from 13 years of close contact and teachings from a living Enlightened Master until his death in 1990. Ragini established Facticity Trainings in 1988 by combining her various areas of expertise: Psychology and Human Behavior from years of private practice; Behavioral Change from Ericksonian Hypnosis and a degree in Physiological Psychology; Modeling from NLP (she received her Trainers Certification in Neuro-Linguistic

Programming through the founding Society of NLP); Training skill from working with diverse multi-cultural groups of people around the world; and finally her 35 years of personal meditative experience and insight. In 1985, Ragini began creating the Facticity model after living a year in a spiritual commune. Over the next 15 years, she refined the Facticity model to its current elegance and precision as the skill of Paradox Management, guided by the help and feedback from over 1,000 participants from various cultures and ethnic origins. As the long sought after relationships between psychology and spirituality, and inner peace and identity, began to become clear, she was given the opportunity to test the veracity of her Facticity model with hundreds of willing spiritual seekers, also wanting to understand the nature of duality and why it was so important to creating inner peace. In 1989, she received her Spiritual Masters Blessings for the Paradox work and validation of certain points she had come to conceptually but had not yet verified in her own experience. More on Ragini's recognition in her field Raginis Paradox work has been recognized with respect and acclaim by the top leaders in and director of Advanced Neuro-Dynamics in Hawaii. Raginis first book entitled Facticity a door to mental health and beyond, was favorably reviewed by Dr. Tad James, author of Time Line Therapy and the Theory of Personality, as well as by one of her first meditation teachers, Dr. Jack Kornfield, author of Seeking The Heart of Wisdom, Living Buddhist Masters, and After The Ecstasy, The Laundry. Her book was listed as one of the new favorites in the News Magazine of the American Board of Hypnotherapy in 1993, and was also published in German in 1996 by the VAK Institute in Freiburg, Germany. Raginis second book, Lions In Wait a road to personal courage, is an allegorical trance book also focused on paradox and is of prime interest to spiritual seekers and a powerful support to therapists doing trance work with individual clients and groups. Accompanying her written Paradox work is a series of 8 Ericksonian Hypnosis Relaxation CDs, four of which directly relate to Paradox and Unresolvable Dilemma. These received critical acclaim from The New Times in Seattle, The Reporter journal of human performance technologies in Arizona, Anchor Point NLP Journal in California, and an endorsement from Will Macdonald, co-author of Insiders Guide To Submodalities. Raginis pioneering work surfing the psycho-spiritual interface from a paradoxical perspective earned her invitations to present at National and International NLP Conferences in Utah, Idaho, Seattle, Denver and Phoenix, Hypnosis Conferences in Washington and California, and in varying cities throughout America, Europe, and India. An international bevy of students consistently comment on Raginis integrity and depth. Her warmth and humor allows the difficult concepts in the work to be explored and grasped in a playful,

safe, and respectful manner. Her reputation as one who will deliver you to your goal is evidenced by her thriving private practice focused on Behavioral Change and Transformational Leadership. She is a graduate of The Institute for Creative Development, a Seattle based think tank, founded and led by Dr. Charles Johnston, author of Necessary Wisdom and The Creative Imperative. She was an Owing Member of Terra Civitas Chaordic Commons, part of the Chaordic Alliance, founded by Dee Hock, author of Birth of The Chaordic Age and creator of VISA. She is also a member of The Institute of Noetic Sciences, and completed the on-line educational program from the Institute for Conscious Evolution entitled Gateway to Self and Social Evolution - with founder Barbara Marx Hubbard, author of Conscious Evolution and Emergence The Shift from Ego To Essence. Raginis continuing education via research, seminars and workshops include: Learning Communities Organizational Development; Modeling Whole Systems Thinking; Leadership Business Applications of NLP; Patterns of Addiction in the Human Business Organism; Complexity Theory Chaos Theory; Mind-Body Healing (Psycho-neuro-immunology); Spiritual Applications of The Enneagram Personality Model; Quantum Physics; Energy Based Psychology; Chakra Healing Energy Healing (Reiki), and The BodyTalk System. The Facticity Wisdom School: Mission Our mission is to provide a Heartfelt Practical Spirituality rooted in an intelligent, intuitive, and experiential approach to the paradox of being both divine and human. Our goal is to train people how to consciously live this paradoxical reality in the midst of a global marketplace, and not a monastery. Using Mystical Psychology as a guideline and Paradox Management as the new skill, we will provide a set of tools that enable individuals and organizations to find and follow their own path to an expanded consciousness and an open heart. This includes participating in the building of a global community willing to stretch, expand, and merge their human experience with spiritual consciousness by understanding and embracing paradoxical living. In addition, we will train visionary leaders in the art of what we call Leadership Beyond Polarization. People who are interested in Jean Michel Jarre Lyle Mays Mark Isham should consider this download.

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