

Mp3 Beverly Bryant - Relief From Bruxism / Night Grinding

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This program will help you change the patterns and habits of night grinding or teeth clenching. Enjoy a peaceful nights sleep with this Self-Hypnosis program that will release stress for ultimate relaxation. 1 MP3 Songs SPOKEN WORD: Instructional, NEW AGE: New Age Details: Beverly Bryant CH, CI, is a respected Clinical Hypnotherapist in Washington State. She is a Certified Instructor and teaches at Everett College. Beverly is the past President of the Washington State Chapter of the National Guild of Hypnotists. She has a thriving private practice, Silver Lining Hypnotherapy, in Everett WA. Hypnosis has been proven to help people overcome many difficulties in their lives. The tools and techniques of hypnosis can be very effective for many goals you may have for yourself. In the hands of a trained professional, you can achieve things you never thought possible! Bev can be reached at bev.bryant@verizon.net, or visit her web site at bevbryant.com.

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