

# Mp3 Rebecca Wesson - Rebecca Wesson P.o.w.e.r. Hypnosis Audio Series Refresh / Sleep

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20-CD self-help program in areas ranging from accomplishing goals and overcoming obstacles to fertility, relationships and health and well-being. Each 40-minute CD features Rebecca Wesson's soothing voice with calming background music. 1 MP3 Songs in this album (35:46) ! Related styles: SPOKEN WORD: Inspirational, NEW AGE: Self-Help People who are interested in Hypnosis should consider this download. Details: Rebecca Wessons P.O.W.E.R. Hypnosis Bio Rebecca Wesson, M.S., CCC-SLP, CHT is a certified master clinical hypnotherapist. Wesson has gained a strong reputation amongst clients and industry experts for her distinctive style and personalized services. Her hypnotherapy clinic in Southern California has helped hundreds of people improve their lifestyles. I use hypnotherapy as a tool to help people discover the root of an issue or goal, explains Wesson. This provides my clients with greater clarity and enables them to focus on attaining what they truly want. Wesson began her career as a speech and voice pathologist at New York Citys Mount Sinai Medical Center. After being diagnosed with Hodgkins Disease and eventual recovery, she made a firm decision to forge her speech pathology training and intuitive healing instincts into a new career path. I was suffering from a side effect called associative nausea, which caused me to associate things (sight, sounds and scents) that occurred secondary to the nausea from my chemotherapy treatment, shares Wesson. Since the associative nausea was triggered by sense-memories I asked my doctor for a hypnotherapist referral to reverse this effect. With the success of her own hypnotic sessions, Wesson decided to apply the practices and principles to assist her voice pathology patients in healing more quickly through a holistic approach. Having a good diagnostic mind and a holistic perspective are essential when specifically targeting a clients needs. Wessons unconventional methods led to referrals and sessions that improved all aspects of clients everyday lifestyles. My career as a session singer/music producer propelled me into situations that required me to not only perform on the spot and work under pressure, but to project confidence, says Wesson. Although her days as a vocalist are long behind her, Wesson tranquilly voices affirmations to empower her clients. As a mom, Wesson works hard at finding the right balance between motherhood

and career. The increasingly high demands associated with success and fulfillment magnifies the diversity of human needs and challenges. Wesson's expertise, compassionate nature and outgoing personality are the winning combination behind her P.O.W.E.R. Hypnosis CDs. In her 20-CD series Wesson reaches beyond her private practice with inductions and affirmations geared toward achieving self-actualization and empowerment. Exercising her affirmations through the law of attraction, Wesson affirms her P.O.W.E.R. daily to overcome negative thought patterns and roadblocks. I always ask myself What do you truly need or want? Is this consistent with who YOU are and not what you think you SHOULD be doing or having? Wesson's goal is to create within her clients the feeling of having an effortless life -- a practice of empowerment for achieving goals easily and quickly.

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