Mp3 Richard C. Schrei - Journey Within

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Native American flute combined with the sounds of the ocean, rain forest, whales, and other sounds of our environment will take you on a Journey Within. 4 MP3 Songs NEW AGE: Meditation, NEW AGE: Healing Details: This CD is composed using brainwave entrainment technology to assist you into deep meditation, shamanic journeying, and healing. The four pieces - Meditation, Song of the Ancients, The Quickening, and The Oracle - will caressingly take you from your current state of mind into the Theta state of lucid dreaming. This is an excellent CD to affirm positive manifestations in your life. Richard is a spiritual sound healer living in the Tampa Bay, Florida area.

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