

Mp3 Clair Oaks - Sutra's Song

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Kirtan, sanskrit chanting, great for use during yoga class, meditation, bodywork, or just to relax with. 2 MP3 Songs NEW AGE: Healing, SPIRITUAL: Mantras Details: Praise for Clair Oaks music: Clair doesn't push the current, she dives in and flows with it. The warmth and serenity in her music is irresistible. Get a pair of headphones and give yourself a long deserved healing in the lap of the Divine Mother. - Wah! I just experienced Clair's music this weekend and felt renewed and refreshed by the experience. It has such a sense of calming and depth and a sense of permanence - these chants and your way of being with them and giving them to us as listeners feels like a rich deep river flowing on forever. - Ned Levitt "Clair has a very beautiful voice and the mantras on this CD are very suitable for deep meditation." -Deva Premal "I have listened to Sutra's Song and it is really quite excellent. I am impressed. It's a keeper. Who ever did the production did a lovely job and the choices in arrangement are authentic. Clair's voice is wonderful too. I liked the whole thing twice!" -Ty Burhoe "...absolutely beautiful..." -David Newman "It's just beautiful. I didn't know the sutras could sound so good. Nice work." -Vyaas Houston, The American Sanskrit Institute Clair Oaks loves to sing and has for as long as she can remember! She grew up in a home where music was valued, listened to and/or performed almost every day. From an early age, she learned to play piano and later guitar. As a teenager, Clair discovered yoga and meditation which helped to reveal her passion for what yoga calls the Self -- the true, divine, essential nature of all things manifest. Since that time, her impulse to honor, serve and experience this "authentic" Self has been her life's work, along with raising her two sons (born 1981 and 1992). Clair has been blessed with many opportunities to inspire this awakening for others through her work as a yoga instructor/therapist and meditation teacher. Clair's classes, workshops and weekend retreats are currently offered at Soul Source Yoga in Swarthmore, PA, the studio she founded in 2005. One of her greatest pleasures is to facilitate this inner awakening through the practice of kirtan (repetition of divine mantras). Being a "chantress" has become Clair's favorite spiritual practice. It is the perfect preparation for meditation as it soothes and quiets the busy mind. Best of all, kirtan practice draws together spiritual community and catapults participants to a place beyond the mind - to experience, together, the bliss of their true form - svaroopaa (Sanskrit for the Bliss of one's True

form!). Clair and her son, percussionist, Elijah Tucker have been touring with and performing in Wah's band since 2006.

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