Mp3 Eileen Barker - Forgiveness Meditation

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Guided Forgiveness Meditation 4 MP3 Songs SPOKEN WORD: Inspirational, SPOKEN WORD: Instructional Details: The Forgiveness Meditation is a powerful guided process for forgiving, healing and letting go of conflict. Whether you are currently dealing with a difficult conflict, or carrying the burden of a conflict from long ago, this CD guides you to forgive the other person - and yourself -, release the conflict from your life completely, and restore yourself to peace.

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