

# **Mp3 Elitom Ben Yisrael, Breatharian And Norma Gentile, Sound Shaman - Breatharian Meditations - An Audioclass 2 Cd Set**

[DOWNLOAD HERE](#)

This is an informal recording of a workshop given on the December solstice by a breatharian and a sound shaman. It contains spoken meditations to guide your own discovery. 25 MP3 Songs NEW AGE: Meditation, SPOKEN WORD: With Music Details: information includes How a Breatharian Grounds Elitoms Story of Becoming a Breatharian How the 8th chakra works for Breatharians Meditation to find 8th chakra and re-tune it Meditation to align Heart and Chakras in Pranic Tube Meditation on Liquid Light Elitom speaks on Conscious Nourishment Why and How to Nourish Yourself from Energy Transition to Energy from Food Physical and Conscious Ascension Sound Meditation toward Breatharianism This is aa AudioClass 2 CD set. Duration: 2 hours, 10 minutes. ELITOM has been a Breatharian since 2001. As of this printing, July 2007, he is still a Breatharian, living in central Ohio, nourishing himself daily in parks and lakes. He teaches and can be reached at elitomben1969@hotmail.com. NORMA is a channel for Archangel Michael, Mary and the Hathors, and has recorded 4 albums of healing songs. She continues to explore emerging energy systems through her musical CDs (Songs of Spirit is the newest) and create healing chant concerts, workshops and CDs. Please visit her website at HealingChantsfor upcoming events and free podcasts and newsletters

[DOWNLOAD HERE](#)

Similar manuals:

[ALPHA ZEN DOWNLOAD MP3 NEW AGE MEDITATION](#)