

# Mp3 Jim Donovan - Om : Mantra Of Supreme Light

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A one hour sonic meditation for deep rejuvenation using the sacred chant "om", deep heartbeat drums and berimbau. 2 MP3 Songs NEW AGE: Meditation, NEW AGE: Yoga Details: About Jim Donovan As a founding member of multi-platinum selling recording artists Rusted Root, Jim Donovan has had the great fortune of sharing in helping millions of people all over the globe dance, smile and sweat since 1990. They have sold in excess of three million recordings, made countless trips around North America where they had the honor of sharing the stage with such Rock and Roll legends as Santana, Page and Plant, Sting, Dave Matthews Band, The Allman Brothers, The Grateful Dead and many others. They have appeared on numerous national TV shows, including MTV, FX, David Letterman, Conan O'Brien VH-1s Hard Rock Live and the CBS Morning Show. Their music has been featured on numerous television shows as well as major motion films such as Ice Age, Mathilda, Twister and the PBS Web of Life Documentary. On his own Donovan has released 5 highly acclaimed solo CDs as well as 4 instructional drumming CDs. He has also recorded with World Music recording artist Krishna Das on his highly acclaimed CD Live on Earth. Donovan's 2004 world/electronic disc entitled "Revelation #9" was nominated for 2004 Electronica Album of the Year by International Songwriters organization. His newest releases include "Om: Mantra of Supreme Light", "Drum the Ecstatic International", The Yoga of Drum and Chant and a hand drumming instructional series called "Rhythmic Foundation Volumes 1 and 2". Fulfilling his desire to share the power of rhythm first hand to people, Donovan has built a series of educational drumming workshop programs that he teaches across the US and Europe at universities, festivals, schools, corporations and specialty venues. Recently he became a full time instructor of music at Saint Francis University in Loretto, PA and is the current director of the Saint Francis University World Drumming Ensemble. Donovan is a featured monthly columnist in Drum! Magazine, the worlds number one drumming magazine and was nominated for Best Rock Pop Percussionist in Drum! Magazine's Readers poll.

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