

# Mp3 Sanction - Vicious Truths & Precious Lies

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Sanction's debut LP...Gritty, dark hard rock with with massive grooves. 14 MP3 Songs ROCK: Hard Rock, ROCK: Grunge Details: KEY TRACKS: "Damn You," "Evelyn," "Remorse," "New Only" ALBUM FEATURES: 14 tracks, the "Damn You" music video, and a link to Sanction's Fans Only website featuring exclusive bonus tracks, photos, and all kinds of happy surprises. PERFORMERS: Jay Haggis: Vocals, Guitar Joshua Bechtel: Guitars, Backing Vocals Dave Wagner: Bass Guitar Dusty Schaller: Drums "Isolation Chamber" performed by Dusty Schaller Morgan Spencely: programming on "Damn You" and "Never Felt" Produced by SANCTION Mixed Mastered by Doug Kern ..... SANCTION BIO With a penchant for massive riffs and huge vocals, throbbing bass lines and thick, crowd-moving grooves, Sanction has recently burst onto the national music scene hell-bent on adding oxygen to the hard rock fire. The seeds of Sanction were planted in Boston by frontman Jay Haggis, but the machine grew to fruition in the chaos that is the LA music scene. Guitarist Josh Bechtel and bassist Dave Wagner, who met during music school, joined the fold as Sanction lit up stages from the House of Blues in Hollywood to the Hard Rock in Vegas. A mere two weeks before Sanction's first national tour, a changing of the guard brought in drummer Dusty Schaller, a longtime friend and fellow music school alum. Back from tour and newly energized, an extremely ambitious Sanction holed up in their North Hollywood rehearsal space for a month, reworking old songs and writing new material at a blazing clip. The resulting LP, Vicious Truths and Precious Lies, was recorded and engineered entirely by the band (with a couple outside favors) in January of 2006 - around full-time work schedules and despite severe sleep deprivation. Self-produced, and mixed and mastered by Doug Kern, Vicious Truths... is an ode to the honest man - a nod to those who are partial to the darker pleasures that life may offer. Gritty, moody vocals bleed their soul over throngs of dark, brooding guitars. Buttery-smooth melodies give way to abrasive, jarring riffs. Bits of psychedelic, thrash, prog, and paranoia swing by the party for a quick drink. And through it all, the rhythm section lays down a pulse as deep as the maternal heartbeat. Sanction is on tour throughout 2006, turning loose their fiery, infectious live show on the masses from coast to coast.

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