Mp3 Stuart Maccormack - Build Your Confidence & Self Esteem - Neuro-linguistic Programming (nlp)

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This Neuro-Linguistic Programming course is designed to help you build your confidence and self esteem. As you listen to programme you will learn to take control of your state of mind so that you can enjoy being confident than you ever thought possible. 5 MP3 Songs in this album (47:07) ! Related styles: SPOKEN WORD: Audiobook, SPOKEN WORD: Inspirational People who are interested in Paul McKenna should consider this download. Details: Stuart MacCormack is a fully qualified practitioner in Neuro-Linguistic Programming, Time Line Therapy and Hypnotherapy. He is an accredited member of three of the most predominant international organisations namely The American Board of Neuro-Linguistic Programming, The American Board of Hypnotherapy and Time Line Therapy Association and is a member of the Association of Neuro-Linguistic Programming. This Neuro-Linguistic Programming course is designed to help you build your confidence and self esteem. As you listen to the first part of this course you will learn to take control of your state of mind so that you can enjoy more of the positive states you desire. Whilst in the second part you will get to enjoy a deep state of relaxation that will help you see and feel differently about yourself and improve your unconscious behaviour in a very relaxing way. As a consequence you will begin to think differently and feel more confident and positive within yourself. Benefits: * Gain exclusive and instant access to the positive resources within yourself any time you like. * Feel positive and confident within yourself. * Learn to take control of your states and how you feel. Client Testimonials: This is a high quality NLP programme with excellent sound quality throughout. Stuart MacCormack adopts a professional, yet relaxed approach to deliver the programme, instilling immediate confidence in the listener. His use of imagery and language is appropriate for clients of all ages and techniques are clearly and concisely explained, which makes the programme easy to follow and ultimately effective. Build Your Confidence Self Esteem comes highly recommended as are the other Virtually Perfect products.

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