Gaia Beam Me Up.wav

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Second of 4 files that work together. Divine-Feminine-Principle---Shekinah--Foundation.wav 98191 KB MALE-FEMALE-FLOW.wav 77520 KB MALE-PRINCIPLE---Universalis.wav 77520 KB GAIA - BEAM ME UP Each file can be looped and listened to on its own individually. However it is recommended, for optimal effects, to use the followng procedure; Play the foundational frequency;

"Divine-Feminine-Principle---Shekinah--Foundation.wav" constantly looped over and over, while at the SAME time, playing the other three looped in sequence over and over. For instance, to do this on your computer, Play the foundation file from Windows Media and set it to repeat over and over. Then use a separate media player such as Apollo and play the other three tracks at the same time, also looped. Begin the sequence so it starts off like this; GAIA - BEAM ME UP MALE-PRINCIPLE---Universalis.wav MALE-FEMALE-FLOW.wav Keep the volume relatively loud. You may also want to consider, before you try all this, for your first time listening, play only the foundation file first, but use good quality headphones for your first time through. Anticipate that your first 40 to 60 seconds may startle you, you may even feel a bit agitated, this is likely normal for a third of the listeners hearing this the first time. Persist in the experience. Clear your mind and relax. Notice how things shift strangely after the first minute or two, then sink into the sound and notice how it changes and shifts. Once you have listened the first time with headphones, try the above recommended sequencing approach using all four files. The four files in this kit are; Divine-Feminine-Principle---Shekinah--Foundation.wav 98191 KB MALE-FEMALE-FLOW.wav 77520 KB MALE-PRINCIPLE---Universalis.wav 77520 KB GAIA - BEAM ME UP Following below is an overall description of these files and their conceptual attributes. A geometry map of the state of consciousness known as the ; DIVINE FEMININE PRINCIPLE, or otherwise known as ; Sophia, or the Shekinah, in India a similiar energy might be called Shakti. It is not suggested that this frequency IS this in entirety or comprehensively, additional models of this energy from different angles of pespective and experience are possible. However it is suggested that this frequency does contain a significant profile of this essence. Shekinah is considered the Divine principle, in Hebrew philosophy. This frequency is similiar to but different from "Pure Yin" The frequency may be found by some listeners to have an almost

personalised self aware quality, even its own intelligence. It is said that different paths use Shekinah and describe it in different ways. The Hebrews use the Ehieh-Shekinah. This is considered to be the non-differentiated first principle cosmic force, the unity of opposites. When joined they trasnform into cosmic consciousness sometimes called Ain Soph. Humans often perceive this unity as polar opposites, inside and outside. The positive male energy principle is static, transcendent, cosmic consciousness, while Shekinah is the negative, female principle, kinetic and present cosmic energy, in every day life. Shekinah occurs in two states: active and passive. In the active state we see the creative movement that births the cosmos. Shekinah is the driving force of manifestation. When coming down from the Ain Soph after creation she rests in the rests in the material world. This is her passive state. Shekinah is passive on the physical level and lower levels of consciousness. Shekinah is also in rest in the physical body. But Shekinah can be awakened and made active. Then she will guide us up the Tree of life, to be united again with her partner or groom the male energy. All this is very similar to Kundalini in the yoga and Tantra system. Balancing Yin and Yang entirely could lead to stagnation. The Tao sign for this shows a small amount of the opposite within the the opposites. Simply balance or fusion isn't enough, what we want is flow between the two polarities, harmony and dynamism at the same time. That is why there is Yin in Yang and Yang in Yin.

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