

Ptsd Free Happy Light.wav

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Post Traumatic Stress Disorder often accompanies life events like the break up of a significant relationship. At times we may feel chained to the past and unable to let go of memories. we feel jailed, tied up and stuck in a gloomy place that it seems we may never escape. PTSD (similiar to the other frequency listed) Free Happy Light, is meant to cut these chains that keep us bound to stress we have encountered through trauma. This frequency file is in WAV format and can be played with your media player on your computer or you can burn it to audio for CD playback. This file is a VERY high resolution pattern.

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