

# Mp3 Yogani - Tantra - Discovering The Power Of Pre-orgasmic Sex - Audiobook

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A common-sense guide on how to utilize sexuality to complement a full-scope system of yoga practices. 35 MP3 Songs SPOKEN WORD: Audiobook, SPOKEN WORD: Instructional Show all album songs: Tantra - Discovering the Power of Pre-Orgasmic Sex - AudioBook Songs Details: Read by the author. // Run Time: 3 Hours, 12 Minutes (3 Disc CD Set or MP3 Download) // Publisher: AYP Publishing June 2006 // Language: English // Available in CD and MP3 AudioBook, Paperback, and PDF eBook "Tantra - Discovering the Power of Pre-Orgasmic Sex" is a common-sense guide on how to utilize sexuality to complement a full-scope system of yoga practices. Practical techniques are provided which enable both couples and solo practitioners to utilize the sexual response to cultivate ecstatic energy to its highest levels of spiritual manifestation. Finally, here is a no-nonsense book that takes the mystery out of sexuality and its relationship to yoga and the spiritual path. Yogani is the author of two landmark books on the worlds most effective spiritual practices: "Advanced Yoga Practices Easy Lessons for Ecstatic Living," a comprehensive user-friendly textbook, and "The Secrets of Wilder," a powerful spiritual novel. The "AYP Enlightenment Series" makes these profound practices available for the first time in a series of concise instruction books. "Tantra" is the third book in the series. The second in the series is "Spinal Breathing Pranayama Journey to inner Space." The first is "Deep Meditation Pathway to Personal Freedom." See links below for all AYP books and formats.

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