Study Aid Concentration Memory Brainwave Entrainment

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HEALINGWAVES BY RELAXMP3.CO.UK PLEASE READ INSTRUCTIONS BELOW BEFORE USE IMPROVE FOCUS, MEMORY AND MENTAL SPEED! Each session is designed using the latest methods of delivering effective MP3 brainwave entrainment to you. Study sessions are designed to increase cognitive performance and are able to be used, unlike other entrainments, whilst studying! More session will be available in our library soon! Study 1 - Ideal to use whilst studying, non fiction reading or an activity where an increase of focus, memory and mental speed is needed. (Not to be used whilst driving) SORRY BUT NECESSARY INFORMATION YOU MUST READ & AGREE TO BEFORE USE USE OF THE PRODUCTS CONFIRMS YOU HAVE READ AND AGREE TO THE FOLLOWING: WARNINGS: Do not listen whilst driving, operating heavy or dangerous machinery. Do not listen if you suffer from epilepsy, fits or seizures, are photosensitive, pregnant, under the influence of drugs or alcohol. If at all unsure contact a qualified doctor before use. RELAXMP relinquishes all liabilities regarding the use and downloading of these digital products. Use at your own risk. During the sessions: Use earphones - the correct effects can only be gained in this way Keep your eyes closed - this eliminates around 80 of outside distractions and naturally stimulates theta waves. Have a glass of water handy or drink before listening - can make you thirsty Get comfortable and warm, fidgeting will interfere with entrainment and brainwave frequencies Relax, let yourself go with the beats!

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