

# Mp3 Maniko - Standing Naked

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new age folk and world fusion. An "unproduced" Sarah McLachlan sound 15 MP3 Songs FOLK: like Joni, NEW AGE: New Age Details: With a uniquely dynamic blend of talent, skill and wisdom, Maniko brings the arts of music, meditation and creativity together. "The human voice is a tremendously creative instrument," she says. "We use it every day of our lives, most often without awareness of its remarkable creative powers." Maniko began her musical career in the mid seventies when she began performing within the folk/rock/blues singer-songwriter genre. As her artistry deepened she discovered, and completely fell in love with, the world of the mystics, sages and poets. Thus began a passionate love affair with the spiritual dimensions of voice and self-expression, singing, poetry, songwriting and meditation as powerful healing and spiritual practices. Her work as a musician, composer, facilitator and coach rests upon a strong foundation in multi-dimensional transformational and awareness practices - seamlessly connecting the worlds of the artist and the mystic. She has been creating and participating in cutting edge therapies, artistic explorations and meditative disciplines since 1977 and continue to deepen and expand her own devotional practice and teaching. Deva Premal, best-selling recording artist and mantra singer says of Maniko: "Maniko took me to places inside myself which had been hidden. She lovingly created the space for me to face some uncomfortable terrain, and through her enthusiasm, clarity, skill and love, I was able to move deeper, bringing more light and aliveness into my voice, my body and my Being. And her singing is divine. Thank you, Maniko!" - Deva Premal, Singer Recording Artist Maniko has played and recorded with many accomplished musicians from around the world, (notables among them are keyboardist Morgan Fisher of Mott the Hoople, Queen, Yoko Ono; percussionist Alyrio Lima of Weather Report, Santana; multi-instrumentalist Prem Joshua, cellist and composer David Darling and many more). She resides in Marin County California where she teaches Voice Self-Expression in private practice as well as public workshops and retreats bringing artistic, transformational meditative disciplines and practices together.

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