

Mental Screen Gp Focuser D

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NOTE: The MENTAL SCREEN frequencies, (unlike most other frequencies), are designed to be used especially with headphones. Use these with your headphones when out in public to screen and shield yourself from ANY form of annoying junk sound. This track is meant mainly for use with head phones and is intended to be a blocker for external noise distractions, basically the way it works is you play it when you are someplace say, in public where there is a lot of back ground noise that may be distracting you. Say you are at a cafe and there are noisy people in the background and you need to be able to concentrate and block their sound out, begin listening to the track and adjust your volume until it matches the back ground noise and yet is at a comfortable hearing level. Allow the track to play for a minimum of 10 minutes, for most users at this point an adaptation should occur where you are no longer really noticing the sound from the track playing and at the same time the back ground noise should be cancelled out, also additional information encoded in the track will serve as a mental stimulant and coherer. MENTAL SCREEN - Are you sick and tired of being sick and tired of having to listen to noise pollution? I know I am. I do a lot of work in cafes on my laptop. I dont mean to sound cold, or uncaring, or unfeeling. I dont want to sound like a complete ass. So forgive me in advance and PLEASE understand my only real intention is to simply express my complete disinterest in, aversion to, and desire to STOP being impinged upon, violently and with out mercy, without consideration, the complete indifference other people in my environment have in dumping their noise on me. I just cant take it any more. Has your trip to the beach, or your study time at the cafe, or your trip on the bus, or whatever, been COMPLETELY ruined because someone or some people seem to have suddenly appeared out of the blue to dump their obnoxiously loud meaningless shrieking repetitive mundane drivel onto your ears? You know what I mean. The group of mothers who brought their babies who all have colic and are crying at the tops of their lungs for an hour while you are trying to thoughtfully read your novel, or Platos Republic? Or the jock guys who just came from the bar half inebriated and for some reason seem to think that their loud bellowing about carberators, hockey sticks and which one has the bigger (or IS the bigger) tool, is information that has any meaning to everyone outside their herd? Or the teenage girls who feel compelled

to use the word like every third word and seem to communicate in high pitched shrieking and gabbling? I'd rather stick a fork in my eye or be stuck in a washing machine full of rocks. Yeah, I know, I SEEM to be harsh. I may not win any points on political correctness here. Please don't misunderstand me. I don't have my hate on for any particular groups or demographics. EVERY one has the right to go where they want and do what they want within reason, but I for one, personally just can't take the constant barrage of inconsiderate, overbearing, over loud, nonstop nonsense babblers, and I DONT CARE what their reason for mindless monkey mind chatter is. It's driving me crazy. On top of all this, there are other kinds of overt noise pollution that galls me, maybe it's construction, or it's the dude or dudette that for some reason picks REALLY BAD music at the place you usually go for dinner. The music is so bad you can't think or enjoy yourself. Now, wouldn't it be nice if you had SOME WAY to completely and effectively BLOCK OUT THEIR ASSAULT on your senses COMPLETELY? Yes, of course it would. Ok, but now wait a minute, what if you could NOT ONLY BLOCK this crapola but what if you could at the same time send into your mind and body POSITIVE SIGNALS of a very specific kind of instruction set? Something that IMPROVED you while it blocked the crap? I know, I know, it would be sheer heaven, wouldn't it! Ok, so that's why I designed MENTAL SCREEN. It does all of this and MORE. To top all this off, I will be designing a series of these, they will all offer blocking capabilities but each will deliver at the same time, different flavours of positive and helpful instructions. All you have to do is loop them in your MP3 player or whatever you are using and let them run. These frequencies are designed to target the primary pitch and sound ranges that noise pollution falls in and squash and neutralize them, scrambling them and rendering them completely INERT and at the same time BOOSTING and OPTIMIZING critical and essential functions that you want and need. There will be different types of mental screen frequencies, not all will work for every person and not everyone will resonate to each. The trick is to find the ones you groove to and use these ones. (Although most will work for most people). Now keep in mind, you haven't ever heard anything quite like this before. They may sound very strange at first. Give your mind and body a chance to adapt to the sounds, play them for at least ten minutes. The first three minutes some of you may find they are pretty intense, some may even find some of them a bit jarring BUT persist past this. Allow your body and mind time to adapt and attenuate, at about the ten minute mark you should find yourself having become mysteriously synchronized with them and you may even forget they are running BUT what you are very likely to find, and quite happily, is that they are indeed not only working at screening out the background

noise, but suddenly you are finding that your mind is much more focused, lucid, quick, alert, agile and creative. You may even find that you are feeling far better physically! Nice, eh? Now you can get back to enjoying your time and space and leave the squealing herd in its place, in the bardo where it belongs and where you dont! And by the way. this first original MENTAL SCREEN frequency has some rather cool and very tasty side effects but Im not going to tell you what they are intially, how about you experiment with them and tell me what happens to you?

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