

# Stimulate Mind And Heart.wav

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Connect the Mind and Heart and create positive creative flow between them. Most of us know what its like to get stuck in either our head OR our heart. That kind of imbalance is rarely pleasant and not terribly helpful in experiencing and achieving that which brings us the most true fulfillment in our lives. Use this frequency to stimulate and induce the state where heart and mind work together in harmony. This frequency file is in WAV format and can be played with your media player on your computer or you can burn it to audio for CD playback. This file is a VERY high resolution pattern.

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