

Mp3 The Gymrattz Collective - Kill The Robot! Vol. 3

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Rock cardio workout music that's guaranteed Instrumental rock cardio workout music that's guaranteed to get your pulse up and keep it there. 11 MP3 Songs in this album (60:42) ! Related styles: ROCK: Instrumental Rock, ROCK: Classic Rock People who are interested in Marilyn Manson Queen Led Zeppelin should consider this download. Details: Kill the Robot! Vol. 3 brings even more real rock to your workout. As with all the CDs in the Kill the Robot! series, these tracks are 100 instrumental, 100 sample-free, and 100 KICK-ASS! More real people playing real guitars, real basses, and real drums (and yes, the occasional real keyboard). Kill the Robot V3 provides music for people who love rock, and are looking for a high-powered guitar alternative to synths and drum machines. Use the individual tracks to build your own cardio workout, or just play the Kill the Robot! track, which has all the individual tracks joined together seamlessly for a 30-minute non-stop cardio workout. It's perfect for elliptical training and stair machines. With speeds from 140 to 146 BPM, it's guaranteed to get your pulse up and keep it there. The 30-minute Kill the Robot! track includes an introduction with a countdown to give you time to set up your machine, and to let you know exactly when your 30-minute workout begins.

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