

Mp3 Michel Green - Enhancing Abundance

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Michel voices a gentle and power-full meditation for releasing limiting beliefs about Abundance, guides you to establish new empowering beliefs and then takes you on an amazing journey to the River of Life where you learn that abundance is yours. 2 MP3 Songs SPOKEN WORD: Inspirational, SPIRITUAL: Inspirational Details: Michel Green has been a Channel, Teacher and Creator/ Facilitator of meditation and other self-understanding classes for more than 20 years. Her teacher and friend, Alex Anderson started her on the path of meditation with its life-changing and life-affirming effects. During the years of sitting in meditation and spiritual development, Michel was urged and inspired to make use of what she learned in her meditations. She developed The Circle of Meditation course which was followed by her book, "The Circle of Meditation: Meditations for Focus, Guidance and Personal Development." In order to make the meditations available to a wider audience, the CDs were born. "Enhancing Abundance" CD is for much more than facilitating the experience of more money in your life - although Michel's belief that we are here to experience a richly abundant life makes that a worthy goal. This meditation guides you to releasing those limiting beliefs that tend to block abundance of all kinds - an abundance of friendships, an abundance of career opportunities, an abundance of self-worth and self-respect, an abundance of joy, inner peace, health, et cetera, as well as financial abundance. You are then guided to create a new supportive belief in the place of the one just released. The meditation then takes you even deeper into meditation where you are guided to The River of Life. You are encouraged to accept all the abundance the River wishes to give you as you learn that the more you accept from the River, the more abundantly it can flow - benefiting All Life Everywhere. Michel is the mother of two amazing children, a daughter and a son, and the delighted grandmother of three boys. She and her dear husband whom she met while sitting in a meditation/spiritual development circle make their home in the star-lit space on the outskirts of Edmonton, Alberta, Canada. They share their home with a small, magical gray cat named Mikka whose arrival into their lives is a special story of manifestation in itself. Michel divides her time between private sessions, teaching, writing and her family. Her Mission is one of teaching, guiding, encouraging and inspiring others to know that their happiness is important and very well-deserved; that allowing

themselves to live affluently and joyously is their Life Purpose; and that evolution of the Soul through the experience and expression of Love, Laughter, Compassion and Gratitude are why we are all here. People who are interested in should consider this download.

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