

Mp3 Julie Dittmar & Matt Kahn - The Chocolate Meditation

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Using chocolate as a powerful metaphor, this guided meditation experience was created as an experience of peaceful stillness. 3 MP3 Songs NEW AGE: Relaxation, NEW AGE: Meditation Details: The Chocolate Meditation is a revolutionary new CD that uses chocolate as a powerful metaphor for living a peaceful life. This guided meditation was created as an experience of profound stillness, to provide balance and harmony in today's fast-paced world. Julie Dittmar's award-winning, soothing voice, and her scripting with Matt Kahn's timeless wisdom and inspirational teachings is a beautiful, delectable treat that uplifts, relaxes, and awakens one to the sweetness of life. The Chocolate Meditation includes two deeply calming meditations for inner peace and global gratitude. The resulting experiences allow for the settling of the overactive mind, and for the discovery of the true meaning of unconditional love. Discover for yourself how the joy of chocolate just got sweeter with this relaxing experience of radiant bliss. TrueDivineNature.com Julie Dittmar Matt Kahn Inspirational teachers and food lovers Julie Dittmar and Matt Kahn deliver peaceful, loving messages at retreats and speaking engagements worldwide. Each message serves to awaken the inner peace that opens the heart to its true divine nature. People who are interested in Eckhart Tolle Adyashanti should consider this download.

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