

# Mp3 Dolphina - Music From The Goddess Workout Intro To Bellydance

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Invigorating world percussion, sensual flutes and healing ocean sounds engage your body, mind and spirit, perfect for belly dancing, relaxing, or meditating. 10 MP3 Songs WORLD: Belly Dancing, NEW AGE: Yoga Show all album songs: Music from The Goddess Workout Intro to Bellydance Songs Details: This CD is the instrumental soundtrack to The Goddess Workout with Dolphina Intro to Bellydance DVD. More than just an exercise routine, The Goddess Workout engages the body, mind and spirit, enabling every woman to celebrate the eternal feminine being within herself. Dolphina guides you on an exciting new path to fitness, as you begin to live as a modern-day goddess! A Mademoiselle with a mission, Dolphina created her company, GoddessLife, to make a difference in the world, one Goddess at a time. Dolphina is the author of Bellydance (DK 2005) and creator of the best-selling Goddess Workout Bellydance DVDs series. She has been featured on hundreds of TV shows, including Sex and the City, Live with Regis and Kelly and CNN and in Time, InStyle, Cosmopolitan and Fitness magazines.

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