

# Mp3 Rosie Merkt - Guided Meditation

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When you want to relax and only have a few moments, this guided meditation will take you away to an inner calm and help you to focus on the life you wish to create. 2 MP3 Songs NEW AGE: Healing, SPOKEN WORD: With Music Details: Rosie Merkt, LSW, learned to meditate at the age of 12; she quickly recognized the value of the practice. She is a teacher of meditation and has realized many dreams through her ability to focus her intention, such as: finding a wonderful partner and creating a successful 19-year marriage, owning a limited liability corporation, purchasing a weekend retreat lake cottage, becoming an ordained minister, writing a monthly column for a community paper. Rosie is passionate about life and about helping others realize their dreams.

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