

# Mp3 Alice Camille - Four Faces Of Lent

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Four spiritual meditations on the meaning of Lent: Desert, Journey, Passion, and Change, heartfully spoken by renown Catholic author Alice Camille (4 Disc Set). 76 MP3 Songs SPOKEN WORD: Audiobook, GOSPEL: Contemporary Gospel Details: Four hours of storytelling, reflections, and meditations on Lenten themes by an award-winning author and retreat leader. What are we living for, and what's worth dying for? The season of Lent is forty days of wandering the often rough roads of the interior journey from ashes to Easter. In this four-CD set, author and religious educator Alice Camille provides a mini-retreat for seekers on the spiritual journey of self-discovery and self-recovery from life's busyness. Through the use of storytelling, meditations, Scripture, and a fair amount of humor, these reflections explore four main avenues of the season: \* The Desert - We all need to find a center in our lives to be quiet, still, empty, and honest. \* The Journey - Where are we going, and how do we get there? Time to stop living unconsciously and on autopilot. \* Passion - This word means many things, from great love to great suffering. What use are we making of our love and our pain? \* Change - Nobody's favorite word. But life is growth, and growth is change. How do we redirect our lives when it's time to change and let the old person go? Visit [alicecamillefor](#) more on the retreat leader and her work.

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