

Mp3 Carolyn Conger - Vision Quest

[DOWNLOAD HERE](#)

You are guided through two neo-shamanic visualizations. In The Journey, you are led on a quest for personal wisdom and power. As you participate in Sunrise Ceremony, you are purified through a dawn healing ritual. 2 MP3 Songs NEW AGE: Meditation, SPOKEN WORD: With Music Details: Carolyn Conger, PhD, is a consultant and teacher who conducts seminars internationally in psychological growth, healing, dreamwork, intuition, creativity, and spirituality. She has lived with tribal societies throughout the world, studying their healing and metaphysical arts. From her research in psychoimmunology and human energy fields, she also teaches mind/body techniques for optimum health. Her doctorate is in clinical psychology. Vision Quest Carolyn Conger, Ph.D. guides listeners on a powerful journey of knowledge and understanding with this album of shamanic-themed meditation exercises. The first meditation on Vision Quest, titled The Journey, features the story of the first man's pursuit of wisdom. The second exercise is a Sunrise Ceremony a healing ritual that takes place at daybreak. Throughout the program, listeners are guided by the comforting narration of Carolyn Conger, who slowly and calmly offers instruction for helping one relax and visualize. The environments are further enhanced by the flowing synthesizer ambience of Michael Stearns, who also utilizes ceremonial-style drumbeats and vocals to craft atmospheres that are soothing and conducive for mind work.

[DOWNLOAD HERE](#)

Similar manuals: