

# **Mp3 Drs. Michael Breus And Fred Schwartz, Burt And Joe Wolff - Soundsleep Solutions**

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Produced by SLEEP SPECIALISTS and EMMY-WINNING MUSICIANS, guided relaxation and soothing instrumental music blended with WOMB and ocean sounds create a truly relaxing experience, that relieves stress and allows you to fall asleep peacefully. 8 MP3 Songs EASY LISTENING: Mood Music, KIDS/FAMILY: Lullabies Details: OVER 1/2 MILLION LISTENERS! Michael Breus, PhD  
mbreus@soundSleepSolutions.com SoundSleepSolutions.com Dr. Breus recognizes the profound yet largely unrecognized impact that sleep disorders have on our health and wellness, performance, productivity, safety and healthcare costs. As Co-Founder of Sound Sleep, LLC, (SoundSleepSolutions.com) he is dedicated to raising the awareness of sleep disorders to both the public and the healthcare community, and developing innovative education and communication programs for their assessment and treatment. Dr. Breus is board certified in both Sleep Disorders and Psychology, holding masters and doctorate degrees from the University of Georgia. He has practiced sleep medicine for several years, taught several CME courses on sleep disorders, provided editorial services for several medical and psychology peer-reviewed journals and has given more than 200 presentations to professionals and the public. He is a Senior Vice President of Phoenix Labs and is the "Sleep Expert" for WebMD, answering questions on the sleep disorders message board. Dr. Breus has appeared twice on the CBS Early Morning Show and been interviewed by Parents Magazine, RedBook and Marie Claire and has given live interviews for both local and national news and entertainment television and radio shows. Dr. Breus has published articles in the Journal of Personality and Social Psychology, Journal of Pharmacology, Biochemistry and Behavior, Physiology and Behavior, Medicine and Science in Sports and Exercise, and The Journal of Pain. Fred Schwartz, M.D. fschwartz@soundSleepSolutions soundsleepsolutions Fred Schwartz, M.D. is a nationally recognized expert on the use of music to reduce stress in premature babies, in the operating room, and with hospital patients. Dr. Schwartz was the medical spokesman for Governor Zell Miller in bringing music to all newborns in Georgia. He has been a guest speaker on Music and Medicine at the Atlanta Symphony Orchestra. He has been interviewed and

quoted nationally and internationally on CNN Headline News, NBC News, National Public Radio, BBC, and in Prevention, and Good Housekeeping magazines. He is an active contributor at meetings of the International Society for Music in Medicine and the American Music Therapy Association. A board certified, practicing anesthesiologist, Dr. Schwartz pioneered the development of a hospital-wide music system at Piedmont Hospital in Atlanta, Georgia in 1989. The hospital provides many styles and selections of stress-reducing music. He has done a number of medical studies showing how music can speed the recovery and lower the cost of care for premature babies and open heart surgery patients. Burt and Joe Wolff Burt and Joe are Emmy-winning composers/musicians/recording artists based in Atlanta, GA. They have been creating and producing music in their own studios since 1974. In 1986, they joined Dr. Fred Schwartz in creating Transitions Music and recorded the first of many Womb Sound/Sleep recordings. Burt and Joe also own and operate Wolff Bros Post, a full service facility, providing post-production services to national television networks, advertising and business.

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