Mp3 Victoria Lorient-faibish - As Above, So Below

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Powerful and inspiring guided meditations set to profoundly transformational music. Useful for both the novice and the experienced meditator. Double CD set with three magical journeys and a chant. 7 MP3 Songs NEW AGE: Meditation, NEW AGE: Contemporary Instrumental Details: Victoria Lorient-Faibish MEd, CCC, RPP been inspiring people to live more fully, speak more authentically, listen more attentively and fully embrace their life purpose since 1990. As a holistic psychotherapist, holistic practitioner and teacher, she has been working with clients and students to step into their personal greatness. She holds a master's degree in Educational Psychology; and is a Canadian Certified Counsellor and a registered Polarity Therapy Practitioner and teacher. She is a Reiki Master and a New Decision Therapy Practitioner and teacher. With this double CD set she leads the listener on visual journeys of the mind, body and soul. It's a best seller. The first CD contains three 15-20 minute guided visual journeys: one to reconnect with your inner child, one to create and manifest your heart's desire, and one to clear and balance your chakras. It closes with a brief daily mantra to clear your mind and help you focus. The second CD contains the instrumental music that accompanies the meditations on disc 1 so you can create your own meditations or simply listen to the music.

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