

# Mp3 Donna Somerville - Awaken The Dreamer

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A guided, visualized journey meditation. 1 MP3 Songs NEW AGE: Meditation, NEW AGE: Healing  
Details: Donna Somerville has been in the Personal Awareness and Metaphysical field since 1988. Her training includes Reiki Mastery, Certified Rebirther, and practitioner in MariEI and Cellular Pattern Release. As a Spiritual Medium, she has been "Intuitively Listening" for ten years now and this has provided her further education and experience in the development of her own Mastery. Donna now uses her "Intuitive Listening" abilities to help others to remember and develop their own Mastery. Her first "listening" apprenticeship was with a Trance Medium, apprenticing to "teach" meditations. Over the years, this form of inspired, channelled meditation has brought Donna, closer and closer to her own Mastery. It is now offered to you for the same purpose. This meditation CD was digitally recorded from a "Live" Meditation Evening. Each meditation is inspired and channeled in the moment of that Meditation Evenings. It is our intention to allow these recorded CDs to invite you to join our Meditation Gatherings, privately in your own home. This CD, "Touch of the Father, Touch of the Mother" is a guided, visualized meditation which begins by clearing tensions from the physical body and then fills the spaces created by the letting go of tensions, with the Light Touch of the Father Creator and the Grounded Strength of the Mother Earth. This produces a gentle blending of Spirit, Earth and Human. When this meditation was produced in the Meditation Evening, the consensus in the class was that this was like a "Meditative Lullaby", peaceful and powerful. It is offered to you, to be used as guided by your Higher Self. May it produce for you the connection or re- connection that you need. Offered to you with Grace and Blessings.

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