

# Mp3 Tami Briggs - Dreaming

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Music to connect you with your dreams, yearnings, and deep longings. A collection of classical songs, the tones on Dreaming are somber, yet heart-warming. 12 MP3 Songs CLASSICAL: Contemporary, EASY LISTENING: Background Music Details: NOTES In 1989, Tami Briggs, an accomplished pianist, began playing the harp. After six months of lessons and daily practice, she began performing at weddings, dinner parties, holiday gatherings, and church services. Her affinity for this unique instrument was present from the beginning, as she personally felt its healing properties and watched people's positive reactions. She saw the harp magically relax, soothe, and comfort listeners. It was this experience of watching others' reactions to the harp that motivated Tami to study at the International Harp Therapy Program (IHTP). There participants learn how to take the harp into hospitals, hospices, and nursing homes. After completing the IHTP, Tami eventually overcame her life long fear of hospitals and began playing at the bedside. She has played for patients with a wide variety of illnesses. Tami has been privileged to witness many examples of the healing power of therapeutic harp music. \* When she plays medical staff frequently comment, "I didn't administer any additional medical therapies and the patient's vital signs just improved." \* Upon "awakening" from a 30-day coma (Tami played on Day 23), a middle-aged man spoke of not remembering anything except hearing harp music. \* Summoned by the family of a dying man, Tami was asked to play while he transitioned from this life to the next. He died while she was playing. While other cultures have used complementary care modalities for years, the United States is just beginning to recognize how music (and other complementary care therapies) can augment the healing process. Because of music's potency and power, it can be used to help heal, connect, and support. Tami is the founding principal of Musical Reflections, a company whose mission is to provide therapeutic music to facilitate healing, transformational growth, and well-being for those experiencing life transitions. BIOGRAPHY Tami Briggs, founding principal of Musical Reflections, Inc., is a therapeutic harpist, composer, recording artist, and national speaker. She has played the harp at the bedside of hundreds of hospital and hospice patients, using her musical experience and her clinical training to address the immediate needs of the patient, the patient's loved ones, and the professional staff. Tami is currently

involved in a scientific research study measuring the benefits of live harp music on oncology patients. A dynamic facilitator and presenter, she works with both large and small groups educating them about the healing properties of harp music. She has completed 11 CDs; Grace Notes: Reflections on the Harp and Healing is her first book. WHAT LISTENERS HAVE SAID ABOUT "DREAMING": "This is your most relaxing work yet. It is exquisite!" "I really enjoy the work you are doing. The expression and emotions that are displayed in Dreaming are wonderful. Keep up the good work." "Until I met you and listened to your session, I had never given much thought to the harp. How powerful it is in relaxing you! I have been playing the Dreaming CD for my son. Now at his nap time, I give him a choice between 'ocean or harp' and he chooses the harp every time! It has made nap time so much easier. Thank you." "After listening to the CD I bought from you, I became convinced that you are a great talented musician. I wish you keep it up. Be always assured of my prayers for your success." "I have listened to your CD six times so far today and it is beautiful--full of healing for anyone who hears it. I have always been drawn to harp music as it soothes my soul!" "I am honored to write to you from Russia; I am the Music Director of Radio Vladivostok. I was so charmed by Dreaming and kept listening to it over and over. I produce several special radio shows such as "New Era" and "Time for Relaxation" (music for relaxation and inspiration). My shows air to approximately 600,000 listeners and always set off a firestorm of attention and phone calls. I would be grateful if you could send me information about Tami Briggs and an airplay copy of her recordings which I could use in my shows and reviews."

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