

Character-building & Thought Power!

[DOWNLOAD HERE](#)

Is habit-forming or character-building a matter of mere chance or do you have it under your control? Can you make yourself the person that you've always wanted to be at will? UNCONSCIOUSLY we are forming habits every moment of our lives. Some are habits of a desirable nature; some are those of a most undesirable nature. Some, though not so bad in themselves, are exceedingly bad in their cumulative effects, and cause us at times much loss, much pain and anguish, while their opposites would, on the contrary, bring as much peace and joy, as well as a continually increasing power. Have we it within our power to determine at all times what types of habits shall take form in our lives? In other words, is habit-forming, character-building, a matter of mere chance, or have we it within our own control? We have, entirely and absolutely. "I will be what I will to be," can be said and should be said by every human soul. After this has been bravely and determinedly said, and not only said, but fully inwardly realized, something yet remains. Something remains to be said regarding the great law underlying habit-forming, character-building; for there is a simple, natural, and thoroughly scientific method that all should know. A method whereby old, undesirable, earth-binding habits can be broken, and new, desirable, heaven lifting habits can be acquired, a method whereby life in part or in its totality can be changed, provided one is sufficiently in earnest to know and, knowing it, to apply the law. Thought is the force underlying all. And what do we mean by this? Simply this: Your every act - every conscious act - is preceded by a thought. Your dominating thoughts determine your dominating actions. In the realm of our own minds we have absolute control, or we should have, and if at any time we have not, then there is a method by which we can gain control, and in the realm of the mind become thorough masters. In order to get to the very foundation of the matter, let us look to this for a moment. For if thought is always parent to our acts, habits, character, life, then it is first necessary that we know fully how to control our thoughts. Here let us refer to that law of the mind which is the same as is the law in Connection with the reflex nerve system of the body, the law which says that whenever one does a certain thing in a certain way it is easier to do the same thing in the same way the next time, and still easier the next, and the next, and the next, until in time it comes to pass that no effort is required, or no effort worth speaking of; but on the opposite would

require the effort. The mind carries with it the power that perpetuates its own type of thought, the same as the body carries with it through the reflex nerve system the power which perpetuates and makes continually easier its own particular acts. Thus a simple effort to control one's thoughts, a simple setting about it, even if at first failure is the result, and even if for a time failure seems to be about the only result, will in time, sooner or later, bring him to the point of easy, full, and complete control. Each one, then, can grow the power of determining, controlling his thought, the power of determining what types of thought he shall and what types he shall not entertain. For let us never part in mind with this fact, that every earnest effort along any line makes the end aimed at just a little easier for each succeeding effort, even if, as has been said, apparent failure is the result of the earlier efforts. This is a case where even failure is success, for the failure is not in the effort, and every earnest effort adds an increment of power that will eventually accomplish the end aimed at. We can, then, gain the full and complete power of determining what character, what type of thoughts we entertain.

[DOWNLOAD HERE](#)

Similar manuals:

[Stop Smoking Mp3 Self Hypnosis, Self Help Audio](#)

[Self Help - Positive Thinking - PLR](#)

[Self Help - Finding Your Confidence](#)

[Self Help - How To Live A Stress Free Life](#)

[Self Help - Mens Guide To Success With Women](#)

[Self Help - Herbal Tea Home Remedies](#)

[Self Help - Dealing With Asthma](#)

[350 Self Help Tactics With MRR](#)

[Character-Building & Thought Power!](#)

[Self Improvement Guide-self Help](#)

[Weight Loss Self Hypnosis, Self Help Audio Mp3](#)

[Unstoppable Self Confidence Audio MP3 Self Help Hypnosis Session](#)

[Self Help - Motivational - Life On Fire With MRR](#)

[Self Help - Time Management](#)

[46 Audio Books PLR Articles - FAQ's, Mp3s, Self Help,](#)

[Self Help Self Improvement Made Easy](#)

[Self Help How To Win Your War Against Depression](#)

[THE SELF HELP TRAUMA RECOVERY GUIDE PTSD](#)

[350 Self Help Tactics With Resale Rights](#)

[350 Self Help Tactics With Resale Rights](#)

[350 Self Help Reports](#)

[Self Help Guides For Men And Women After Divorce](#)

[Authority Anthem Self Help PDF Ebook MRR](#)

[Character Building Thought Power Audio Book](#)

[20 Self Help Hypnosis Audio Adrenaline Guided Meditations](#)

[52 Self Help PLR Articles](#)

[350 Self Help Tactics With Resale Rights](#)

[Finding Your Confidence - Practical And Effective Self Help!](#)

[110 Bite Sized Self Help Super Tips MRR/ Giveaway Rights](#)