

My Personal Success Coach Journal - A. Howatt, William

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In My Personal Success Coach, you will have the opportunity to start to explore new knowledge, skills, and attitudes to create your desired life path. Good intentions alone will not make change. Change will require focus, measure, and effort. The purpose of this journal is to help you monitor your actions daily, and measure your progress. Change is made one behavior at a time. My Personal Success Coach Journal was created as a tool to assist, and to facilitate the effectiveness of My Personal Success Coach in keeping you on your life course. When we do not track what we are doing, how can we be sure we are getting to where we really want to be? life is a highway with many turns. This journal is designed especially to work interactively with My Personal Success Coach, to help you stay on track, so you will have a great opportunity to arrive at your final destination. My Personal Success Coach Journal will provide you with a day-to-day process to keep track of where you are on your quest to attain your goals and dreams. The program is designed to allow you to journal, and to measure progress for three months. It is also filled with new information to assist in your life journey. Life is what we make it, and it is always filled with new information and challenges. The goal when you do this journal is to maintain your focus for the long term, so you have an opportunity to create the new habits you want for a life of success. Words: help with my, journal daily, life is a highway Author: Howatt, William, A. Publisher: A Way With Words Illustration: N Language: ENG Title: My Personal Success Coach Journal Pages: 00000 (Encrypted PDF) On Sale: 2007-03-28 SKU-13/ISBN: 9781894338189 Category: Self-Help : Personal Growth - General Category: Body, Mind & Spirit : General Category:

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