

Emotional Options - Mandy Evans

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This power packed handbook to happiness is filled with workshop-tested exercises and insights. Evans draws on 30 years of experience helping people to become happier and more creative by changing the beliefs that hold them back. Author: Evans, Mandy Publisher: Morgan James Publishing Illustration: N Language: ENG Title: Emotional Options Pages: 00100 (Encrypted EPUB) / 00100 (Encrypted PDF) On Sale: 2004-10-26 SKU-13/ISBN: 9780976090137 Category: Self-Help : Personal Growth - Success Category: Psychology : Personality

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