

# Life Skills: Self Esteem And Values (us Version)

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ISBN: 1863976086 Focuses on student feelings, self awareness, self esteem, goal setting and enriching values both in school and in the wider community. Activities include setting attainable goals, analysing personal strengths and weaknesses and exploring ways to demonstrate values, as well as fun stuff like developing board games for the bored! For Grades: 1,2,3,4,5,6,7 Author: Jane Bourke (Code: US+Version+Health) (Code: US+Version+Self+Esteem/Life+Skills)

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