

Stammering - Its Cause And Its Cure

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Stammering: Its Cause and Cure by Benjamin Nathaniel Bogue This book discusses the futility of curing stammering by common means. It traces various attempts at curing stammering in the past and how wasteful these attempt were, until he discovered a simple program to cure it. The book presents the life of Benjamin Nathaniel Bogue and his struggles with the handicap. Bogue devotes a great deal of text to explain the handicap of stammering, its effects on the body and psychology of the sufferer, and its cure.

About the Author A Chronic Stammerer for Almost Twenty Years; Originator of the Bogue Unit Method of Restoring Perfect Speech; Founder of the Bogue Institute for Stammerers and Editor of the "Emancipator," a magazine devoted to the Interests of Perfect Speech

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Book Excerpt:

Considerably more than a third of a century has elapsed since I purchased my first book on stammering. I still have that quaint little book made up in its typically English style with small pages, small type and yellow paper back--the work of an English author whose obtuse and half-baked theories certainly lent no clarity to the stammerer's understanding of his trouble. Since that first purchase my library of books on stammering has grown until it is perhaps the largest individual collection in the world. I have read these books--many of them several times, pondered over the obscurities in some, smiled at the absurdities in others and benefited by the truths in a few. Yet, with all their profound explanations of theories and their verbose defense of hopelessly unscientific methods, the stammerer would be disappointed indeed, should he attempt to find in the entire collection a practical and understandable discussion of his trouble. This insufficiency of existing books on stammering has encouraged me to bring out the present volume. It is needed. I know this-- because I spent almost twenty years of my life in a well-nigh futile search for the very knowledge herein revealed. I haunted the libraries, was a familiar figure in book stores and a frequent visitor to the second-hand dealer. Yet these efforts brought me comparatively little--not one-tenth the information that this book contains. Perhaps it is but a colossal conceit that prompts me to offer this volume to those who stutter and stammer as I did. Yet, I cannot but believe that almost twenty years' personal experience as a stammerer plus more than twenty-eight years' experience in curing speech disorders has supplied me with an intensely practical, valuable and worth-while knowledge on which to base this book. After having stammered for twenty years you have pretty well run the whole gamut of mockery, humiliation and failure. You understand the stammerer's feelings, his mental processes and his peculiarities.

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