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So much variety exists among salads that it is somewhat difficult to give a comprehensive definition of this class of foods. In general, however, They are food mixtures either arranged on a plate or tossed and served with a moist dressing. A dish of green herbs or vegetables, sometimes cooked, and usually chopped or sliced, sometimes mixed with fruit or with cooked and chopped cold meat, fish, etc. They are usually served with a dressing. It can be either hot or cold. The selection of salad ingredients depends upon seasons. Salads are unique. They can either accompany a main course, act as an appetizer, served as an extra party dish, or just plain served alone. A high-protein salad, such as lobster salad, replaces the meat course, whereas, a light salad of vegetables or fruits may be used as an additional course. For the most part, salads take their name from their chief ingredient, as, for instance, chicken salad, tomato salad, pineapple salad, etc. Just what place salads have in the meal depends on the salad itself. Some of the Recipes in this Ebook are: Vegetable Salads Green Vegetable Salad Mixed Vegetable Salad -1 Mixed Vegetable Salad -2 Cucumber Salad -1 Cucumber Salad -2 Cucumber Salad -3 Cucumber & Tomato Salad Sliced Cucumber & Onion Salad Onion Salad -1 Onion Salad -2 Tomato Salad -1 Tomato Salad -2 Tomato Salad -3 Tomato Salad -4 Tomato Salad -5 Stuffed Tomato Salad. Tomato & String Bean Salad Beet Salad -1 Beet Salad -2 Beet & Bean Salad. Beet And Cauliflower Salad String Bean Salad -1 String Bean Salad -2 String Bean Salad (French Style) Cabbage Salad -1 Cabbage Salad -2 Chopped Cabbage Salad Cabbage & Celery Salad. Carrot And Cabbage Salad Breakfast Salad Winter Salad -1 Winter Salad -2 Summer Salad Cauliflower Salad -1 Cauliflower Salad -2 Cauliflower & Tomato Salad. Celery Salad -1 Celery Salad -2 Boiled Celery Root Salad Peas & Celery Salad. Potato Salad -1 Potato Salad -2 Potato Salad -3 Potato Salad -4 Potato Salad -5 Green Salad Lettuce Salad Chiffonade Salad Asparagus Salad -1 Asparagus Salad -2 Beetroot And Macaroni Salad Lettuce Salad Salad Dressings And Their Preparation French Dressing -1 French Dressing -2 Cream Salad Dressing -1 Cream Salad Dressing -2 Sour Cream Dressing -1 Sour Cream Dressing -2 Mayonnaise Dressing -1 Mayonnaise Dressing -2 Mayonnaise Dressing -3 Cooked Mayonnaise. Mayonnaise With Whipped Cream White Mayonnaise Red Mayonnaise Dressing. Green Mayonnaise

Dressing. Russian Salad Dressing Boiled Salad Dressing -1 Boiled Salad Dressing -2 Thousand Island Dressing. Mustard Dressing Salad Dressing Without Oil. Salad Dressing Made With Butter. East Indian Salad Sauce Turnip Salad Endive Salad Italian Vegetable Salad Alla Pollastra Salad Alla Macedoine Salad Hungarian Vegetable Salad Fruit Salads Fruit Salad Dressing Mixed Fruit Salad -1 Mixed Fruit Salad -2 Mixed Fruit Salad -3 Fruit Salad (iced) Fruit And Nut Salad Hungarian Fruit Salad Russian Fruit Salad Summer Mix Fruit Salad Filbert & Cherry Salad Date & Walnut Salad Apple And Nut Salad Apple, Date & Orange Salad. Orange Salad California Salad Apple & Celery Salad. Waldorf Salad Grapefruit & Celery Salad Banana Salad -1 Banana Salad -2 Banana & Peanut Salad Banana And Orange Salad Cosmopolitan Salad Fruit In Cantaloupe Shells Pineapple & Nut Salad Marshmallow Salad High Protein Salads Egg Salad Eggplant Salad (Turkish Style) Egg Salad With Mayonnaise Cheese Salad. Peach & Cream Cheese Salad. Pear & Cheese Salad. Macaroni & Cheese Salad Green Pepper & Cheese Salad. Pepper & Cheese Salad Daisy Salad Humpty Dumpty Salad Water-lily Salad Easter Salad. The Cardinal's Salad Fish Salads Fish Salad -1 Fish Salad -2 Fish Salad -3 Tuna Fish Salad Salmon Salad Mackerel Salad Sardine Salad Crab Salad -1 Crab Salad -2 Shrimp Salad Prawn Salad Lobster Salad -1 Lobster Salad -2 Oyster Salad Meat Salads Chicken Salad -1 Chicken Salad -2 Chicken Salad -3 Chicken Salad -4 Southern Chicken Salad Chicken Salad (Hawaiian) Chicken Spring Salad French Dressing Chicken Salad Olivey Chicken Salad Sunshine Chicken Salad Corned Beef Salad Mutton Carrot Salad Soup Meat Salad Lamb Salad Italian Meat Salad -1 Italian Meat Salad -2 Grouse Salad Other Salads Bread Salad Chestnut Salad Sweetbread Salad Neapolitan Salad Spanish Salad P.S: This Ebook comes with FULL MASTER RESALE RIGHTS. Tags: pasta salad recipe, broccoli salad recipe, greek salad recipe, spinach salad recipe, chicken salad recipe, fruit salad recipe, salads recipes, tuna salad recipe, carrot salad recipe, tomato salad recipe, italian salad recipe, salad dressing recipe, vegetable salad recipe, salad receipe, pea salad recipe, couscous salad recipe, easy salad recipe, corn salad recipe, shrimp salad recipe, macaroni salad recipe, seafood salad recipe, asparagus salad recipe, recipe for salad, macaroni salad recipes, rice salad recipe, chopped salad recipe, crab salad recipe, potato salad recipe, cabbage salad recipe, bean salad recipe, pasta salad recipes, mushroom salad recipe, apple salad recipe, shrimp salad recipes, green salad recipe, cranberry salad recipe, jello salad recipe, layered salad recipe, asian salad recipe, thai salad recipe, carrot salad recipes, recipe for greek salad, southwest salad recipe, summer salad recipe, cold pasta salad recipes, cold salad recipes, cold pasta salad recipe,

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