

Dark Clouds Gather : All The Lines Are Curly And Purple - Katy Sara Culling

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Description This book includes a true story about reaching the very edge, the very depths and heights of bipolar illness, but almost always with a sense of humour. Much like a car crash, people cannot help but look when they spy on these sort of black events. It is a new perspective on manic depression as in Prof K.R. Jamison's autobiography about her illness in *An Unquiet Mind*, but mixed explosively with S. Kaysen's immersion into madness in *Girl, Interrupted*; except this book feels like it's been written whilst on crack-cocaine and directed by Quentin Tarantino on a blood-thirsty day. This book may be dark but its underlying message is one of hope. Sometimes you have to see the depths of Hades before you can really appreciate life and health. Being a manic depressive from just 5, then adding in anorexia, bulimia, self-harm and hundreds of suicide attempts, "typical" student substance misuse on the heavy end of "normal," culminating in a long hospitalisation when I was an Oxford doctoral student in clinical medicine. I ended up totally "mad," in a long-term psychotic mixed episode (being both manic and depressed concurrently, and suffering from delusions and hallucinations) and several actual deaths that I was revived from. This had a massive impact on the lives of my friends and family who have been dragged through 25 years of serious illness whilst feeling helpless and scared. I also experienced a lot of unhelpful medical treatment and misdiagnoses - all detailed here, which should teach those in the profession what not to do. This book will also answer the questions of friends and family, and give some pointers of ways to help and not help. I lost many friends as I withdrew into my illness, but I made many friends with people similarly ill. Some have died, some have recovered, and some remain ill. All agree that such a complete and honest book like mine is needed. This is my autobiographical tale, a girl who came from nowhere "up North" to study medicine at Oxford University and spent the majority of her life quite literally mad, but never stopped laughing about it. This suits a wide audience for personal and professional reasons. I want to reach sufferers, carers, and professionals. I am proof that anything can be overcome, what should not be survived can be, and that nothing is more important in these diseases than hope.

About the Author
Katy Sara Culling was born in Liverpool, North England, in 1975. Daughter of Sue and Paul Culling, her

family moved back to its roots in Derbyshire, where she grew up along with her younger sister Beth, in the village of Castle Donington, on the Derbyshire-Leicestershire border. However, even as young as 5 she exhibited symptoms of bipolar disorder. She attended a private school for girls, Loughborough High School, where she was a high achieving student. Unfortunately, due to bullying and also to numb her mania and depression, she developed anorexia nervosa and began to self-harm. Words: all about it, all i want is you, all my friends, all new car, all this is, always with you, anorexia nervosa, are questions, at all nothing, bipolar and, bipolar symptoms, black and purple, black feeling, blood symptoms, both you and i Author: Sara Culling, Katy Publisher: Chipmunkapublishing Illustration: N Language: ENG Title: DARK CLOUDS GATHER : All The Lines are Curly and Purple Pages: 00000 (Encrypted PDF) On Sale: 2009-01-01 SKU-13/ISBN: 9781847476678 Category: Medical : Mental Health Category: Psychology : Mental Illness

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