

Thinking Bigger Mrr Book

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Thinking Bigger mrr book Table Of Contents - 3 - Foreword Chapter 1: The Truth Behind Goal Achievement Chapter 2: Identifying Goals Chapter 3: How To Clearly Define Goals Chapter 4: Align Your Goals With Your Beliefs Chapter 5: How To Commit To Goals Chapter 6: Get Others Onboard With Your Goals Chapter 7: Make Sure To Set Start And Stop Times Chapter 8: Visualize Your Goals Chapter 9: Take Action Chapter 10: What Can Happen If You Dont Meet Goals Goals are great to have but hard to keep. Every person ideally should have several goals in life and they may not necessarily all be achievable, but having these goals help to keep a person focused and strong minded toward achieving the said goals. The Truth Goals also help people have a reason for existence. There are a lot of positive reasons why and how goals benefit people. Some of these are: Helps build and develop the art of firm decision making. When firm decisions are made, the individual will then feel energized enough to meet the goals made from the decisive decisions. Learning to prioritize. This very useful tool in life helps ensure the individual is capable of choosing what is important over what is trivial and unnecessary. Studying a situation or problem in depth before deciding on the next course of action is also a good skill to develop. While honing this skill the individual learns how to effectively and quickly solve problem in order to keep the focus on the end goal alive. Understanding and accepting that in order to succeed in achieving in some goal there needs to be team work. Thus by learning to pick and work as a team, people learn to respect each other and the contributions made. Another truth behind goal achievement is learning to cope with failure. Not many things will be successfully achieved at the first attempt, and learning to persevere is a good attitude to develop. This is vital if one wants to stay competitive in the reality of goal achievements.

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