

Stress Relief - Self Hypnosis Audio Mp3 - Relieve Anxiety

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A professionally produced and digitally mastered complete hypnosis session. Have you been suffering from Stress? Well struggle no more! Hypnosis has been proven to work countless times over the years, and anyone can benefit from it. This CD uses the newest techniques in Hypnosis, combining up-to-date inductions and the latest in NLP. The session includes beautiful Hypnosis inducing music and trance deepening sounds. The CD contains two tracks: The first is a complete introduction to Hypnosis, and the second the actual Hypnosis session. Track One-PreTalk: 19 minutes 36 seconds Track Two-Hypnosis: 38 minutes 13 seconds. Professional Hypnosis Created By Certified Hypnotherapists: Jesse Berg, CHT. And Steven B. Schneider, CHT. Audio has a complete and full Hypnosis session. Tags: mp3

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