

The Beauty Of Peruvian Cuisine Recipes From Peru Food Comida

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A cuisine that varies in flavor and traditions is that of our beautiful Peru. Peruvian cuisine is characterized for its seasoned flavors, its hot sauces and exotic mixtures and for this reason it has become one of the most delicious cuisines in the world. This is why I want to share with those of you lovers of fine Peruvian cuisine and culinary art, this ebook (electronic book) called The Beauty of Peruvian Cuisine(written in English), which contains a recompilation of many typical and traditional Peruvian recipes. You will be able to see these recipes clearly on your computer and if you prefer you will also be able to print them out directly from your computer for more convenience. Within its pages you will find the best and most simple form to delight yourself with these delicacies, since these recipes are elaborated so that anybody, with or without knowledge in culinary art, can prepare them with easiness. Once you purchase this item, you will receive by email instructions containing the necessary information to download this wonderful ebook (PDF file). For more convenience, you will also be able to print it directly from your computer to create your own physical book. You may see here what this rcipe ebook offers you: Contents: 1. Aguadito de Pollo (Peruvian Chicken Soup 2. Aji de Gallina (Chicken In Chili Sauce) 3. Alfajores (Filled Cookies With Caramel 4. Anticuchos de Corazon (Heart Anticuchos 5. Anticuchos de Res (Beef Anticuchos 6. Arroz a la Peruana (Peruvian Style Rice 7. Arroz Chaufa (Chaufa Rice 8. Arroz con Leche (Rice Pudding 9. Arroz con Pollo (Chicken With Rice 10. Bistec a lo Pobre (Poor Mans Steak 11. Bistec Empanizado (Breaded Steak 12. Budin de Pan (Bread Pudding 13. Cau Cau 14. Causa Rellena 15. Cebiche de Atun (Tuna Cebiche) 16. Cebiche de Pescado Tradicional(Traditional Cebiche;raw fish marinated in lemon juice) 17. Chicha de Jora 18. Chicha Morada 19. Chicharron (Fried Pork Creole Style) 20. Choros a la Chalaca (Mussels And Peppers In Cebiche Vinaigrette) 21. Chuletas de Cerdo Deliciosas (Delicious Pork Chops) 22. Chupe de Camarones (Shrimp Soup) 23. Coctel de Maracuya (Passion Fruit Cocktail) 24. Cupos (Ground Beef Peruvian Dish 25. Dulce de Lucumas (Lucuma Sweets 26. Dulce de Pan (Sweet Bread) 27. Escabeche de Pescado (Fish Escabeche 28. Estofado de Pollo (Peruvian Chicken Stew 29. Flan de Camote (Sweet Potato Flan) 30. Flan de Coco (Coconut Flan 31. Frijoles Colados (Black Bean Dessert).

32. Jalea 33. Leche Asada (Roasted Milk 34. Lomo Saltado 35. Manjarblanco (Caramelized Milk 36. Mazamorra Morada (Purple Corn Pudding) 37. Natillas (Caramelized Milk Pudding 38. Pachamanca 39. Palta Rellena (Stuffed Avocado) 40. Papa a la Huancaína (Potatoes in Spicy Huancaína Cheese Sauce 41. Papa Rellena con Mixtura de Mariscos (Potatoes Stuffed with Seafood) 42. Parihuella (Sea Food Soup) 43. Pepian de Choclo 44. Picante de Yuca (Cassava Root with Spicy Cheese Sauce 45. Picarones (Sweet Fritters) 46. Pisco Sour 47. Pollo a la Brasa (Roasted Chicken 48. Pollo al Organo (Chicken with Oregano) 49. Rocoto Relleno (Stuffed Rocoto 50. Salsa Criolla (Creole Sauce) 51. Salsa de Aji Amarillo (Yellow Chili Sauce or Paste 52. Seco de Carne (Beef Stew with Silantro Based Sauce 53. Sopa a la Criolla (Creole Soup 54. Sopa a la Minuta (Minute Soup 55. Suspiro de Limea (Cooked Condensed Sweet Milk and Meringue) 56. Tacu Tacu 57. Tallarin Saltado 58. Tamales 59. Tamales Verdes (Green Tamales 60. Tiradito

With this purchase I will also like to give you as a gift the Spanish version of this ebook called *La Belleza de la Cocina Peruana*. You may see here what this recipe ebook offers you: 1. Aguadito de Pollo 2. Aj de Gallina 3. Alfajores de Miel 4. Alfajores de Manjarblanco 5. Anticuchos de Corazn 6. Anticuchos de Pollo 7. Anticuchos de Lomo de Res 8. Arroz Chaufa 9. Arroz con Leche 10. Arroz con Pollo 11. Arroz Zambito 12. Bistec a lo Pobre 13. Bistec Apanado 14. Budn de Pan 15. Cachitos de Almendra. 16. Calamares Fritos 17. Camarones al Ajo 18. Cau Cau 19. Causa Rellena 20. Cebiche de Pescado 21. Cebiche de Camarones 22. Cebiche Mixto 23. Chicha Morada 24. Chicha de Man 25. Chicharrn de Cerdo 26. Chicharrn de Gallina 27. Chicharrn de Pescado 28. Choros a la Chalaca 29. Chupe de Camarones 30. Chupe de Choros 31. Chupe Pescado 32. Escabeche de Gallina 33. Estofado de Pollo 34. Flan Criollo 35. Flan de Vainilla 36. Helado de Lcuma 37. Humitas Dulces 38. Jalea Mixta 39. Leche Asada 40. Lomo Saltado 41. Manjarblanco 42. Mazamorra Morada 43. Menestrn 44. Natillas 45. Pachamanca 46. Palta Rellena con Atn 47. Palta Rellena con Camarones 48. Palta Rellena con Pollo 49. Panetn 50. Papa a la Huancana 51. Papa Rellena 52. Parihuella 53. Pavo Peruano 54. Pavo Relleno 55. Pescado a lo Macho 56. Pescado Sudado 57. Picante de Camarones 58. Picante de Pollo 59. Picarones 60. Pisco Sour 61. Pollo a la Brasa 62. Pollo al Sillao 63. Pollo al Vino 64. Rocoto Relleno 65. Saltado de Mariscos 66. Saltado de Pescado 67. Salsa Criolla 68. Seco de Cordero 69. Sopa a la Minuta 70. Sopa Criolla 71. Suspiro de Limea 72. Tacu Tacu Tradicional 73. Tallarn Saltado 74. Tamal Peruano 75. Tiradito 76. Tragos (Per libre, ponche de cerveza negra, cocteles, perricholi, anisado y mas)

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