

# Emotional Intelligence E-q Equation - Develop Your Emotional Quotient...

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Emotional Intelligence (E-Q) Equation - Develop Your Emotional Quotient And Lead A Balanced Life Comes With Master Resell Rights + Giveaway Report "Many People Are Not Aware Of How Important Their EQ Is And How To Deal With It!! ----- "Download Free Preview" To View Full Sales Page ----- This is one area that you must not be confused in Emotional intelligence is constituted of 2 areas: experiential (power to perceive, react, and manipulate emotional data without necessarily understanding it) and strategic (power to comprehend and manage emotions without necessarily comprehending feelings well or fully experiencing them). In this book, you will learn about: - Understanding Emotional Intelligence - Models and Measures - Intriguing Data: Gender and Everyday Living - Success and EI - Tools To Develop EQ - many other useful things! Emotional intelligence (EQ) is another sort of intelligence. Its about being heart smart, not simply book smart. The evidence demonstrates that emotional intelligence matters even as much as intellectual power, if not more so, when it comes to happiness and success in life. Emotional intelligence avails you build strong relationships, succeed at work, and accomplish your goals. The skills of emotional intelligence may be acquired throughout life. You are able to boost your own EQ by learning how to speedily reduce stress, connect to your emotions, communicate nonverbally, utilize humor and play to deal with challenges, and defuse conflicts with confidence and selfassurance. Reseller Tools: \* Includes Sales Page - Yes \* Includes Download Page - Yes \* Included Pages - Squeeze Page, Privacy Policy, Earnings Disclaimer \* Extras - Promo Email (1), Article (1), Giveaway eBook \*\*\*\*\* Master Resell Rights Included \*\*\*\*\*

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