

# Understanding Your Schizophrenia Illness: A Workbook - Chris Healy

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Being diagnosed with schizophrenia can be a devastating experience. It is therefore crucial that those diagnosed with the illness are provided with complete and accurate information that explains what schizophrenia is, answers questions about what it means to be diagnosed and helps them to come to terms with their illness. Understanding Your Schizophrenia Illness: A Workbook provides mental health professionals with a structured framework for providing this information to clients. Developed by Chris Healy, an experienced psychiatric nurse, it is a complete, educational resource that professionals and clients can work through together. The workbook is organised into six parts and provides an overview of schizophrenia, as well as discussing the possible causes, the symptoms, the treatments and how to cope with life post-diagnosis. Each section also includes assessment questionnaires, case studies and frequently asked questions. An invaluable resource for everyone involved with those diagnosed with schizophrenia. This workbook will also be welcomed by mental health students, carers and clients themselves. Online Resources: The workbook is available online, free to purchasers of the print version. Visit the website [wiley.com/go/schizophrenia](http://wiley.com/go/schizophrenia) to find out how to access and download the workbook. Author: Healy, Chris Publisher: Wiley-Interscience Illustration: N Language: ENG Title: Understanding Your Schizophrenia Illness: A Workbook Pages: 00130 (Encrypted PDF) On Sale: 2007-08-20 SKU-13/ISBN: 9780470511749 Category: Psychology : Clinical Psychology

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