

Mp3 Jamyang Sakya - Tara Mantras

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Authentic Tibetan Chants to the deity Tara by one of the few female lamas. Her Eminence Jamyang Sakya transports you to Tibet, the Land of Snows, where you feel you're in a remote monastery, finding peace and enlightenment. 5 MP3 Songs WORLD: Asian, WORLD: World Traditions Details: Editorial Reviews: S. F. Herald, December, 2000 "Tara mantras" is a truly inspired recording. Well suited as meditative background music or for the serious Tibetan Buddhist practitioner. S. M. Review, February, 2001 H. E. Jamyang Sakya's recording "Tara Mantras" is outstanding! A must for every spiritual seeker. Album Description: "Tara Mantras" contains the essential chants to the deity of Tara, in her Green and White emanations, chanted by H. E. Dagmo Jamyang Sakya with Lama Nyima Gejie. They were digitally recorded in Santa Monica, CA by David V. Gregoli for Dharmapala Records. The CD can be used as an aid to the Tara practice or to create a meditative mood. Dagmo Jamyang Sakya, considered by many to be an emanation of Tara, is one of the few women Tibetan Buddhist lamas, very rare and precious. She is the wife of H.H. Jigdal Dagchen Sakya, who is a lineage holder of Sakya, one of the four sects of Tibetan Buddhism. His father was Trichen Ngawang Thuptop Wangchuk, the last great throne-holder in Sakya, Tibet. The deity Tara is the female emanation of the Buddha of Compassion who chooses forever to reincarnate as a woman. She is the Mother of All Buddhas. All profits from this CD go to The Mother Tara Sakya Center or 'Tara-Ling'. This is a non-sectarian, non-profit Tibetan Buddhist Center whose mission is to preserve and teach Tibetan culture and philosophy to all who are interested, through the message of Tara. Total time: 50:14 About the Artist: Her Eminence Dagmo Jamyang Sakya is the founder and teacher of the Mother Tara Sakya Center. Born in Kham, Eastern Tibet, she began her training in Buddhist practice at an early age since she was the niece of one of the most highly realized Sakya masters of the twentieth century, H. E. Deshung Rinpoche III. When she married H.H. Dagchen Rinpoche, she became "Sakya Dagmo" (Holy Mother) of the Sakya Khon family, one of Tibet's religious family lineages. Dagmola has received extensive teachings and empowerments from many revered lamas throughout her lifetime. She has co-authored a captivating book, "Princess in the Land of Snows", (available from Taraling.com), about her life in Tibet and her family's escape over the Himalayan

mountains in 1959. In addition to being a lamas wife, mother of five sons and grandmother, she is a greatly respected Dharma teacher to her students in many countries, especially providing Tara empowerments, practices and teachings. "Tara Mantras" is her first release of chants from her native land. Her distinctive voice is well suited to the mantras to Tara, full of compassion and wisdom. When giving teachings across the country and around the world, her chanting has been one of the highlights of each event.

From the Artist : I was born in Tibet, and at an early age I was introduced to Tibetan Buddhism by my late uncle, H. E. Deshung Rinpoche. Since then I have lived in three different countries and I have seen many seemingly impossible events, including the loss of my country to China, man's trip to the moon, and the Soviet Union's breakup. However, one that has been constant in my life is my faith in the Buddha dharma. It has always been there for me. There are many Buddhas, Bodhisattvas and deities in Tibetan Buddhism. My personal deity is Tara, to whom I have directed my practice for many years. Tara is a female Bodhisattva or enlightened being. I have received initiations and teachings on Tara from many learned teachers. On their insistence, as well my husband's, H. H. Dagchen Rinpoche, I began teaching. Being one of the few female Tibetan Buddhist teachers, I feel fortunate to be in a position to benefit people from all over the world. As Buddhists, one of the first things we learn is humility, it's important to keep the self (ego) in check. However, since my students persist on referring to me as an emanation of Tara, I bear the additional responsibility of portraying Tara in all her finest qualities. Though initially hesitant about teaching, I quickly realized that I could really reach out to people. What it really boils down to is faith. I have seen miracles happen in my lifetime, and faith is definitely a miracle in itself. Many of my students are doctors and alternate medicine healers. They come to see me, receive initiations/teachings, and I see the reflection of their faith in their work as they use their special gift for healing. It gives me great joy and satisfaction. Buddhists regard all sentient beings as one's own mother and therefore develop infinite compassion for all beings. As a female teacher, I feel that women can relate to me more directly and personally. It's helped me forge friendships with some wonderful, kind and compassionate! women, who in turn help to promote the message of Tara. Just as my students depend on me for guidance, I depend on them to practice patience and compassion. I learn a lot from their experiences, and pray for their happiness. Tara made a pledge to Chenrezi (Buddha of compassion) that she would always take birth in female form until all beings were removed from samsara (the cycle of birth and re-birth). To be born as a human being is precious, and to be born as a female is doubly so -- we

have the power to give birth and have the patience to bear tremendous pain which characterizes great strength. I therefore feel very fortunate to be a woman for we all have a purpose in this world, and I feel close to mine. All the best, --Dagmo Jamyang Sakya "May the radiant flower of Tibetan Tradition be preserved for the benefit of all beings."

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