

Mp3 Mary Beth Ackerley - Intervals Of Motion

[DOWNLOAD HERE](#)

Shamanic journeying, trance, ulterior worlds, deep healing. 20 MP3 Songs WORLD: Worldwide Fusion, ELECTRONIC: Trance Intervals of Motion Songs Details: Intervals of Motion! Got your CD and listened to it 2 times through with suitable outside and it is just wonderful what you have did with your new release. I'm so knocked out by what you did with this. As your music usually does for me, it was instant trance - just the sense of Journey was incredible. I was having some really interesting imagery of going into different "rooms" which were fractally connected, each door opening into a deeper space. All of the pieces sound like they belong together. This is a really important thing. And the sequencing - the order that the pieces unfold - was just perfect. Fabulous sound design and production values. Nice reverberant spaces. Anyhow - I want to thank you profusely for sharing it with me. I LOVE it! I will be listening more over the upcoming days and will send more comments Shamanic Journey? Yes - and then some! This is some of my favorite music, and you are one of my favorite composers out of all the micro-folk I've known. You really connect with the 'true purpose' of what these tunings *can* be about. There is a dimension so beyond mere examples of tunings that we may go. I frame it still in terms of the Ritual Function. The world needs allot more of this kind of music in my opinion. It is Strong Medicine. Thanks for gifting me with it kind Doctor. With Many Luminous Blessings, Jackie Ligon Artist's Bio I grew up in the vast cultural hinterland known as Long Island, where I played cello and organ. In college, I played cello behind YoYo Ma, way behind :-). But that was a significantly demoralizing enough experience that I gave up the cello, and went to medical school instead. Ten years later, as I finished my residency in psychiatry, I realized that the prospect of spending the rest of my days treating patients was no longer appealing, so I went to Tibet. I had some spiritually profound experiences while there, and got in touch with a part of myself that I had buried in order to get through with medical school. Upon my return I divorced and moved to Woodstock NY to be closer to a Tibetan monastery. There I began to pursue my musical interests The music was a 'hobby' which has now taken over. Along the way I noticed that the music allowed me to let go of baggage the brain often creates without stepping into my own pools of resistance. And I am somebody who usually chooses to do things the fastest and easiest way possible! With my medical

background, I am fascinated by the healing properties of frequencies which are reflected in the algorithms. I also love exploring the different mindscapes of sound using mathematics, especially Fibonacci numbers. I work with a number of "energy" healers, who provide me with feedback on how they see my music affecting bodies, which in turn is incorporated into the next piece. I enjoy this process even more when it is helpful to others in their own journey. A wry comment from XJ Scott captures that intent when he wrote, "Calling this music entertainment is like calling Chinese herbal medicine a snack!" More insight came from Kraig Grady who commented, "It's almost like you are playing yourself, shifting the energy of one resonant area to others. I find that extremely perceptive, and I think it is one of the keys to my music. Its almost like I feel an idea and find a thread in myself that I can unravel that contains all sorts of information, attempting, through with the music, to articulate the body, including its neurotransmitters and DNA. Essentially, I create this music primarily to facilitate my own evolutionary journey as part of the "Paradigm Project" that so many of us on the planet are here to facilitate. There is more I can add but I'm sure that my ideas, such as the relationship between mass consciousness and standardized tuning, will gradually emerge. Currently I am happily married to Alexander, (someone I met at the Woodstock monastery), and reside in Tucson. Mary Beth Ackerley, M.D. August 19, 2001-----

[DOWNLOAD HERE](#)

Similar manuals: