## Power Snack-relaxmp3 Beta Session With Thunder Refresh Your Mind!

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JOIN LIBRARY IN GROUPS LINK ABOVE FOR UNLIMITED FREE ACCESS TO HEALINGWAVES SERIES ONGOING SESSIONS ALL LIBRARY TITLES- PROMOTIONAL PRICE OF 2 PER WEEK!! POWERSNACK-REFRESHING BETA SESSION WITH THUNDER ENVIRONMENTALLY FRIENDLY MP3 SOUNDS - NO MORE CD POLLUTION! Description: CREATED TO OFFER A QUICK REFRESH OF THE MIND WHEN YOU ARE PUSHED FOR TIME - 10 MIN. THUNDER IN THE BACKGROUND ADDS STIMULATION BETA sessions are good at increasing cognitive performance, attention, arousal and energy. It is also useful for treating ADD/ADHD, Chronic Fatigue Syndrome, Fibromyalgia, Seasonal Affective Disorder and in some cases Anxiety and Depression. It has also been shown to help with weight loss by increasing metabolism and reducing carbohydrate cravings. TO FIND OUT MORE ABOUT NATURE SOUNDS, BRAINWAVE ENTRAINMENT AND BINAURAL BEATS VISIT RELAXMP3.CO.UK NO MORE CD'S! Compact Discs are made from a 1.2 mm thick disc of polycarbonate plastic, then coated with a thin layer of Super Purity Aluminum. It has been reported that Polycarbonate (PC) used for products like CDs and refillable milk bottles, is usually made with the highly toxic phosgene -derived from chlorine gas. PC does not need additives but does need solvents for its production, such as methylene chloride, a carcinogen. Other solvents used may include chloroform, 1,2-dichloroethylene, tetrachloroethane and chlorobenzene. According to GREENPEACE polycarbonate plastic is the second most hazardous plastic to make on the planet! archive.greenpeace.org/toxics/pvcdatabase/bad.html And that's not to mention the chemicals and plastic often used for CD cases and packaging, and fuel emissions from shipping and postage! It is estimated in America that 30 million CD's are tossed into the rubbish every month - each CD takes 450 YEARS TO BREAK DOWN!!! Billions od CD's are constantly manufactured worldwide every year as the demand for music continues and the population grows. The need to use a more environmentally friendly way of listening to our music is now vital. MP3's, Ipods and our computers are the least destructive of the moment and should be used! Listen on through headphones for brainwave tracks Environmentally Friendly Digital Product - Download immediately after

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