

# Mp3 Ashwin Batish - Morning Meditation Ragas On Sitar

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Morning Ragas played meditatively on sitar in the classical North Indian tradition with tabla accompaniment 4 MP3 Songs WORLD: World Traditions, NEW AGE: Meditation Details: This music was originally released on cassette in 1980. It was Ashwin's debut album. Classical music of North India has a natural tendency to be meditative. The power of the Indian raga is in its purity and variety of melody. Each raga brings with it a particular mood and a healing quality and can have a profound effect on your emotional state at varying times of the day or night. Today, many have abandoned this time theory perhaps because our listening venues, that were traditionally live, are increasingly being replaced by the TV, radio, cassette and the CD player. We recommend you follow the time based tradition as best as you can and play this music in the morning hours for the best relaxation and meditation experience. The ragas played on this album will soothe and relax your mind as you begin the day. Born in Bombay, Ashwin started his studies in North Indian Classical music at a very young age. Under the expert guidance of his father, he is today an accomplished sitarist and a noted tabla player. Here, both father and son team up to give you this variety of morning ragas. Ashwin is also very well known for being an educator. His series of instructional videos for the sitar, tabla, dilruba, dholak, vichitra veena, harmonium that he has produced with his father Pandit Shiv Dayal Batish have become a very sought after commodity by the Indian music student. Ashwin often gives private and group Indian music lessons at his Santa Cruz, California USA facility and is often called upon by various music festivals and universities to perform his sitar and be a guest lecturer for weekend workshops and seminars on Indian music and ethnopop, raga rock sitar fusion. Ashwin Batish's pioneering effort in worldbeat music called "Sitar Power" has earned him some critical reviews and great respect in the music community. The sitar is ageless in Ashwin's hands. It is souped up for amplification and effects! We hope you get to catch one of Ashwin's electric performances. His music is as dynamic as his stage presence. Please visit our music institute's web site at batishfor latest updates on our complete catalog and activity announcements.

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