hot The Action Machine 2.0 - Just 7 Usd

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Quit Spinning Your Wheels, Going To Bed Feeling Guilty You Wasted Your Day, And Seeing More And More Stuff Pile Up In Your Life. Presenting . . . THE ACTION MACHINE! Heres How The Action Machine Lives Up To Its Name: * Flip The Action Switch In Your Your Head From NO To YES No longer will overwhelmingly big tasks paralyze you from taking little to no action. Use The Action Machine to break these monsters into smaller, bite-sized pieces you WANT to eat! * Laugh At Procrastination Take any task youve been putting off, give yourself 30 minutes to get it done, start your timer, and watch what happens. This simple process, which The Action Machine automates, creates a virtual space in your brain for that task that you feel unexplainably compelled to fill with its completion! * Sharpen Your Focus Using The Action Machine regularly helps you get into the habit of eliminating productivity-killing distractions so you focus your concentration and energy to the task-at-hand. * Build Unstoppable Momentum With each task you complete using The Action Machine, you build up a momentum that propels you to not only get more done, but get it done faster and more efficiently than ever! * Get Your Brain Storming Experience the liberating and revealing practice of brainstorming by setting aside a specific amount of time before starting any project to do it. Even short, 15 minute brainstorming sessions can produce some eye-opening results. * Control Your Time Instead Of It Controlling You Using The Action Machine helps to become more aware of how and where you spend your time each day. As you become more aware of your habits, you easily discover ways to use your time more productively, and eliminate previously hidden time-wasters. * Find Balance In Your Life Add more structure to every one of your days by purposely allotting specific chunks of time for work, play, and growth so that you avoid the frustration and unhappiness that comes from an unbalanced life. * Make Time For Your Dreams Are you neglecting your dreams and letting everything else gobble up your limited time, energy, and resources? Use The Action Machine to make time every day to take even a little action to move you closer to things you want in life! * Smash Those Nagging Small Tasks With A Sledgehammer! You know the kind; theyre important, and they need done, but theyre small and you never seem to find time get them done and cross them off your list. Use The Action Machine, set aside a measly 30 minutes, and dont just whittle away at your list set it

on fire! * Go From Great To Good Enough Spending too much time on a project/task due to perfectionism can almost be as unproductive as putting it off completely. Youll reel in this nasty habit completely by giving clear, specific time-limits to tasks and an alarm that acts as a slap-in-the-face that its time to move on. * Limit Your Intake Of Time-Snacks Quit checking email, Twittering, and updating your Facebook page mindlessly, with no regard for how its eating-away at your time, then feeling guilty about it all later. Use The Action Machine to allow yourself a specific amount time to enjoy it as much as you want. more info:theactionmachine.com

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